Big Sir: Robin Jaquith 650 355 0805

Little Sir: Robert Fox

415 753 2630

Secretary: Eugene Roberts

415 731 5444

Treasurer: Paul Rosenberg

415 751 9039

Membership & Attendance:

William Gipe 650 878 5746

Ex-Officio:

Wayne Veatch

Area I Governor:

George Kranen

Region 5 Director: John B. Mason

State President:

Robert Mannell

2011—MEAL MENU

Price: \$15, Except Month of June \$17.

JAN: Chicken ala Marino, Shrimp

Louis Salad, Choc. Cream Puff

FEB: Shrimp & Crab Sandwich

Cobb Salad, Tapioca Pudding

MAR: Corned Beef & Cabbage

Fruit Salad, Raspberry Sorbet

<u>NOTE</u>: Salads must be ordered one month in advance. When you pay for the current meal, please sign the salad sheet for the following month.

The Fog Horn



SONS IN RETIREMENT

A Luncheon Club
promoting the
INDEPENDENCE and DIGNITY
of RETIREMENT

Every friend is a potential member!

NEXT MEETING: JANUARY 5, 2011

Elks Lodge (650) 589 4030 ext. 17 Stonegate & Hillside Boulevard So. San Francisco, CA 94080

10:30 Bd. Mtg. 11:00 Social 12:00 Lunch

<u>Luncheon Speaker</u>:
Eugene Ostermiller
<u>Subject</u>:
Tax Changes & Strategies

In God We Trust

Branch 4 Monthly Newsletter



San Francisco Branch 4

JANUARY 2011

George Rodriguez, Editor Flor Mendoza, Asst. Editor



From Big Sir Robin Jaquith

A new year is upon us and with it brings a new Big and Little SIR. Wayne steps down after doing a superb job and yours truly and Bob Fox



step up to the plate to carry on the tradition of Branch 4. I would like to say that a new and bountiful year is ahead of us, but I am hesitant to make such a statement as to have a new and bountiful year it

will take all of us working together. So even with new leadership at the helm your participation is necessary. You can help by continuing your attendance at our luncheons, taking part in one of our many activity groups and assisting our activity leaders. I am continually impressed with the leadership of those who head up our many activity groups, standing committees, and our Board.

These gentlemen serve without much direction and do it with a sense of commitment. So as we enter this new year let's all do it with the desire to better our organization.

I have been doing some thinking about what we do with our time. Since I retired, time has a whole different meaning than it did when I worked. I now volunteer some my time, fit in rounds of golf, do a little part-time work with SF Giants, take classes to stimulate my thinking and try to be as active as possible. My time is now spent differently and I can now do activities that I could not do prior to retirement. What do you do with your time? I hope that you are able to volunteer in any one of the many organizations that are looking for help, find time for active exercise, take a class on something you have always wanted to learn, spend time with grandchildren, travel, read a book and take that nap that was impossible in earlier years, however the more active you become you will probably not have time

for that nap. As we begin this new year I hope we all look at time and see how we can be more productive for our health and welfare.

I was very pleased with the turnout for our Holiday Luncheon which attended by our Branch and Branch 25. The people at California Catering out did themselves with beautiful tables and food. Our song stylists and their back up trio again proved the talent in our ranks. Lynn Ruth Miller provided us humor to round out the afternoon. Dwight Sale and his lovely wife joined us to install our new officers.



The Fog Horn

ACTIVITIES CLUB

From Little Sir Robert Fox

As the incoming Little SIR I look forward to filling that position for 2011. In the short time I've been a member of SIR I've enjoyed the activities and camaraderie of all of you and the activities we share. Working closely with big SIR Robin



Jaquith, we have an objective of increasing the type and number of special activities in the Bay area. There are so many enjoyable things to experience living here. Many of them are minimally expensive.

We are now in the coldest and wettest time of the year, not so good for golf or tennis. Assuming there is life this time of

year beyond football playoffs, it's a good time to curl up with a good book, review your wedding pictures, watch a movie or take in one of the many museums and exhibits in the area. A good example is going to see the all digital sky show at the Planetarium in the California Academy of Sciences in Golden Gate Park.

Hope to see all of you at our next lunch on January 6th. Do have a most cheery holiday and a good New Year.

Branch 4 Sirs:

Do yourself and your Branch a favor by paying your \$2 per month contribution in advance at the January meeting. Not only will you not have to dig for those two dollars when the bucket comes around you will proudly wear a genuine Gold Star 🖈 on your badge all year, announcing that you have

GLEE CLUB: George Rodriguez

No meeting in January.

COMPUTER CLUB: Jerry Blumenthal 415 681 1208

Meeting at 11:45 every 3rd Wednesday of the month at the Doelger Senior Center, Westlake-Daly City. All those interested in computer are welcome to attend.

PINOCHLE: George Samoulides 415 564 5384

Our games start at 1:30PM on the **2nd and 4th Mondays** of each month. We meet at the Holy Trinity Christopher Community Center, 999 Brotherhood Way, in San Francisco. Join us in the games or for a cup of coffee and fellowship.

POKER CLUB: Bob Fox

There were a number of members that expressed a concern that the \$1 ante I set was too steep. As a result, the ante will be adjusted to \$0.25 with a \$1 maximum bet. Again, interested members can meet immediately following the monthly lunch. There is a poker room located behind the bar at the Elks Club where we will meet. Look forward to seeing you.



SCOREBOARD AND **TOURNAMENT SCHEDULES**

Jack Major 415 566 2243 Ken Reed 415 586 3104

Next Sharp Park Tournament:

Tuesday February 8, 2011 first tee-off is 0930.

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. Since there's breakfast, check in one hour before your tee time, or risk being removed from the tournament. Sharp Park fees are \$42 for green fees, cart, breakfast (at 0830), and prizes (\$3 each). This will be a combined tournament with Branch 4 and Branch 25. Jack Major coordinates the match, so Branch 4 goes out second.

The December 7th Sharp Park Tournament had light attendance, and it looks like it will be cart-path-only for while, until the course dries out and we have the frog barbeque. The results are out on the the web site, so enter the SIR Branch 4 Golf address http://branch4 sirinc.org/golf.htm. If I have your email, you will be notified when new results are posted. Copies will be on the golf table at the lunch

2011 Poplar Creek Tournaments are scheduled for Tuesday 2/16. 4/20, 6/24 (Thursday), 8/17, 10/19, and 12/14. Chronic no-shows will be required to place a \$20 non-refundable deposit to sign up in the future.

Next Poplar Creek Tournament:

Tuesday February 16th, first tee-off is 1030.

The tournament starts at 1030 for 40 golfers. Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$13.50 per player double, \$18 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments:

Jim Smith, 650-871-8855, 430 Forest View Drive, South SF, CA 94080. These tournaments are scheduled for Mondays, starting in February. I'll put the schedule out when I get it from Jim.

Check the web site SIR Branch 4 Golf for updates!

ANTIQUE CARS: Wayne Veatch 415-821-1806

We meet immediately after the monthly luncheon meeting in the parking lot. At our last meetings, we viewed and discussed Wayne's 52 Studebaker, Tony Ramirez's 36 Buick and Jim Moore's 68 Plymouth Roadrunner. All who are interested in older cars are welcome.

BOWLING / BASEBALL: Joe Jacinto 415 681 8719

The original 'Over The Hill Gang' is being swamped by teams comprised of SIR bowlers. As of December 9th., Team 8 (Mel Kranke, John Candau, Joe Sebastinelli) took over first place with a record of 35 wins, 17 losses. Second place is held down by Team 3 (Leo Juarez, Bob Ratto, John Ghiglieri. Third Place has the Phillipine Connection (Team 11) with Art Tanjuaquio, Joe Jacinto, Rudy Gutierrez, who are rolling relentlessly edging their way toward the top.





George Rodriguez, Editor

Hello Branch 4:

With the holidays behind us, time to make our resolutions and stick to them. One resolutions to make is to support Branch 4, and to bring in a new member.

We had a good turnout at the Christmas Luncheon by combining Branch 4 and Branch 25. So good to hear the wonderful voices of Greg Pantages and Dan O'Leary.

Congratulations to our new officers for Branch 4. Let's give them all of our support.

Wishing you all, A Happy New Year!

6 Elements of Life

- I. No point using limited life to chase unlimited money.
- 2. No point earning so much money you cannot live enough to spend it.
- 3. Money is not yours until you spend it.
- 4. When you are young, you use your health to chase your wealth;
 When you are old, use your wealth to buy back your health.

The difference is that, it is too late.

- 5. How happy a man is, is not how much he has, but how much he needs.
- 6. No point working so hard to provide for the people you have no time to spend with.

Remember this:

We came to this world with nothing, we leave this world with nothing!
Forgiveness is the final form of love.

SUNSHINE COMMITTEE

Shut Ins: Chairman: Lee M. Appel (415) 221 6664
Peter Angelonides, Stephen Costakis, Raino Kandelberg.

Anyone who has any suggestion, article, or message to publish, please send it to: George Rodriguez, Editor (650) 992 8321

BIRTHDAY GREETINGS-Chairman: Robert Hennig

December 2010 Birthdays:

Peter Angelonides, John Baumann, Paul DeNatale, Bob Hennig William Kneebone, Harry Lieberman, Isaac Mejia, Charles Mertes Damaso Ramirez, George Samoulides, and Jim Triggas

January 2011 Birthdays:

Larry Farrell, Ramon Jimenez, Pablo Magat, Steve Miyagawa, Donald Price, Mario Reyes, Lloyd Rinde, Richard Soward, Roger Spindler, Marios Stathopoulos, Art Tanjuaquio, Wil Uclusin, and Mike Vriheas

ABSENTEE & SPECIAL DONOR LIST FOR NOVEMBER 2010

Membership & Attendance Chairman, William Gipe

Annual Donors:

Henry Albert, Charles Blake, Henry Fields, Joe Jacinto, Leo Juarez, Ray Langlois, Henry Ratti, & Joe Sangiaccomo

Absentee Donors:

Pete Bencharsky (Oct.),

Charles Blake, Bob Hennig, Robin Jaquith, Alex Koliopoulos, John Lombard, Jon Lucero, George Mourgos, Ed Murphy,

Dan O'Leary, Nick Rigas, and Stan Susman.

Please remember your \$2 monthly meeting contribution, which helps with your SIR branch costs. SIR Branch 4 welcomes annual contributions for 2011. Thanks.

MONTHLY ATTENDANCE

Chairman: William Gipe

Authorized Membership		<u>250</u>
Active Membership—NOVEMBER 2010		140
Addition: Joe Pierce & Bob Bowen		2
Deletions		()
Active Membership—JANUARY 2011		142
Open Active Numbers	108	
Inductions Pending	0	
Inactive Members (400 List)	19	
Honorary Life Member(s)	01	
(#406 Samuel Riskin)		

Buy your raffle tickets early for a chance to win.

Proceeds will be for the benefit of our Branch.

Members Present 10-06-10 83 or 58%

Live in the moment, don't rush ahead, there's much to taste of life in the now.



POSTMASTER:

If undeliverable—Please return to:

William Gipe

2323 Galway Drive

So. San Francisco, CA 94080

FIRST CLASS MAIL

Place Stamp
Here.
Post Office will not deliver mail without postage.



Place address label here.

A Non-Profit Public Benefit Corporation For Retired Men Devoted to The Promotion of Independence and Dignity of Retirement

San Francisco Branch 4

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The Window

A young couple moves into a new neighborhood. The next morning, while they were eating breakfast, the young woman sees her neighbor hang the wash outside. That laundry is not very clean, she doesn't know





how to wash correctly. Perhaps she needs better laundry soap. Her husband looked on, but remained silent. Every time her neighbor would hang her wash to dry, the young woman would make the same comments.

About a month later, the woman was surprised to see a nice clean wash on the line and said to her husband: Look she has learned how to wash correctly. I wonder who taught her this. The husband replied: I got up early this morning and cleaned our windows!

And so it is with life: What we see when watching others, depends on the purity of the windows through which we look. Before we gave any criticism, it might be a good idea to check our state of mind and ask ourselves if we are ready to see the good rather than to be looking for something in the person we are about to judge.

And oh yes! I almost forgot: I see you today much cleaner that I did yesterday... and you? Wishing you a nice day.