

Big Sir: Robin Jaquith
650 355-0805
Little Sir: Bob Fox
415 753-2630
Attendance & membership:
Bill Gipe
650 878-5746
Secretary: Eugene Roberts
(415) 731-5444
Treasurer: Paul Rosenberg
415 751-9039



God Bless America

MENU

April: Roasted Beef au jus, Chef's Salad
Carrot Cake

May: Chicken Tamales ,Fruit Salad,
Boston Cake.

(Salads must be ordered one month in
advance)

Big SIR Robin Jaquith



My trip to Italy was more than expected. We visited Milan, the Tuscan hills, Sicily and Rome. The people in Italy were friendly and very helpful, especially when you consider that neither my wife nor I speak a word of Italian. We were able to communicate because English has become a universal language. While in Sicily I had an accident which resulted in 13 stitches above my left eye. Doctors and nurses were attentive and very responsive in their desire to treat me and get me on my way, all of this while speaking in their native Italian. All my visits to the hospital, one to get the stitches and one to remove them, were covered by the European Union's health care system. They have a system that works, let's hope that we move to a health care plan that is as effective and beneficial as theirs.

As I prepare for our May meeting I
(continued)

Sons In Retirement San Francisco Branch 4



A Luncheon Club promoting The Independence and Dignity Of Retirement

Elks Lodge 650 589-4030
Stonegate & Hillside Blvd.
So. San Francisco, CA 94080

10:30 Board Meeting
11 AM Social-12Noon Lunch
*Every friend is a potential
Member!*

Speaker to be announced

San Francisco Giants 2010 World Series Champions



Together We Are Giant!



realized that we have our Ladies luncheon on June 10th. Please save the date. It should be a wonderful event for you to show off that important person in your life. Food, entertainment, and BINGO are on the agenda for the afternoon. Feel free to come unaccompanied if that is your desire.

(continued back page)

Fog Horn Issue May 2011

Meeting May 4th
Next meeting June 1st
Editor **George Rodriguez**
Asst. Editor **Flor Mendoza**
Ex Officio: Wayne Veatch
Area 1 Governor:
George Kranen
State President:
Robert Manell
Region 5 Director
John B. Mason



Little SIR – Bob Fox

As the weather warms up to wearing short sleeve shirts, May is a great time to get out and enjoy local happenings. A few days in Carmel or Mendocino before Memorial Day where it is still uncrowded. If you enjoy camping, local campgrounds can be so quiet to enjoy the sounds of nature before the little no-neck monsters finish school and pile out of the family SUV. Even a few hours sitting on a beach watching the waves come in and watching those shore birds with those long stick legs is relaxing. Don't forget to bring a liverwurst sandwich on rye with you. Also if you like Las Vegas, there are some dandy low cost packages available including air fare. And the desert is not that hot yet. When you are out enjoying mother nature small doses of the sun have healthy vitamin D that's good for you. I grew up in Chicago, lived in England for a bit and traveled some and there is nowhere I'd rather enjoy retirement than here in the Bay area. It just oozes with things to do. Quote for the month: The great secret that all older people share is that you really haven't changed in 70 or 80 years. Your body changes, but you don't change at all.

Golf: Jack Major 415-566-2243

Ken Reed 415 810-3832

2011 Sharp Park Tournaments are scheduled for the second Tuesday of the month, starting at 0930, with the exception of June 14 which will start at 1030. The results are out on the the web site, so enter the SIR Branch 4 Golf .

The **April 12th Sharp Park Tournament** had 32 players, and it looks like it will be cart-path-only for while, until the course dries out and we have the frog barbeque. The results are out on the the web site, so enter the SIR Branch 4 Golf address <http://branch4.sirinc.org/golf.htm>. If I have your email, you will be notified when new results are posted. Copies will be on the golf table at the lunch too.

Next Sharp Park Tournament: Tuesday May 10, 2011 first tee-off is 0930.

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. Since there's breakfast, **check in one hour before your tee time, or risk being removed from the tournament.** Sharp Park fees are \$42 for green fees, cart, breakfast (at 0830), and prizes (\$3 each). This will be a combined tournament with Branch 4 and Branch 25. Jim Smith coordinates the match, so Branch 4 goes out first.

2011 Poplar Creek Tournaments are scheduled for Tuesday 2/15, 4/19, 6/29 (Wednesday), 8/16, 10/18, and 12/13. **No-shows without notification** will require a **\$10 contribution** to the prize fund at the next tournament.

Next Poplar Creek Tournament: Wednesday June 29th, first tee-off is 1030.

The tournament starts at 1030 for 40 golfers. Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$13.50 per player double, \$18 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments: Jim Smith, 650-871-8855, 430 Forest View Drive, South SF, CA 94080. These tournaments are scheduled for Mondays this year.

NEW! Presidio Group Play – Jim Smith has negotiated three dates this year for the Presidio for \$39 each including cart...such a deal! The first date is **Tuesday May 17**; the rest to be scheduled around the Poplar Creek dates.

On **Monday May 23rd**, Foxtail GC South, 100 Golf Course Dr., Rohnert Park, 707-584-7766, hosts the next shotgun tournament. Bus leaves the SSF Elks Club at 0630 for 0830 tee off. Bus rate \$60, drive \$55.

Upcoming Away Trips – No June Away trip, 7/25 Napa, 8/29 Metropolitan, 9/29 Blue Rock Springs.

Check the web site SIR Branch 4 Golf for updates



If you want to get a notification of when the Foghorn is available, email Jack Major at jemajor@pacbell.net to set up our email list.

Travel Chairman – Wayne Veatch 415 821-1806

In my last column, I announced our third local tour, to the Disney Museum in the Presidio on May 12. I was just there in March with one of my car clubs - it is great - a real nostalgia trip. Admission for Seniors is only \$15 and with an AAA card (up to 4 on a card) is only \$10.00. Because you can spend as much time there as you wish, we'll meet for lunch first at 11:30 AM at La Terrasse Restaurant, about 200 yards from the Museum, then go in together at 1:00. Or, you can meet us at the Museum at 1:00. Let me know if you (and your spouse or friend) are coming and I'll give you details. We do need a count for the restaurant.

We will post on the website and I will have at the meeting copies of the Yellow Sheet of Travel Events for 2011 and 2012, prepared by the Area 1 SIR Travel Chairs, offering tours arranged by Travel Chairs and professional tour companies. You have taken flyers for some trips at the last meetings. Please let me know if you will be signing up for any of these: Kenya Safari, May 16-28; Heritage of America (New York, Philadelphia and Williamsburg), May 27-June 5; Ashland Oregon Shakespeare Festival, June 21-25; Puerto Vallarta, Mexico, June 22-29; Sicily, September 16-26; Halloween at Wonder Valley Ranch, October 23-25; Memphis and Nashville, November 29-December 4; Winter Break in Laughlin, Nevada, January 16-19. If you are interested in any of these trips or events, contact me for details.

As I've mentioned before, we Travel Chairs will plan the activities you want to get involved with, but you have to tell me where you want to go and what you want to do. Send me an email (veatchlaw@gmail.com) or call me at 415-821-1806.

Attention all past Big Sirs

Our Historian, Tony Ramirez needs your picture! Please Bring your picture to the meeting or see George Rodriguez, and he will take your picture at the meeting. Thank You!

If your email address is not in the roster, please send it to Jack Major, jemajor@pacbell.net .

**Birthday Greetings
Chairman: Robert Hennig**

May 2011 Birthday Celebrants

Pete Bencharsky, Charles Blake, Alex Christ, Stephen Costakis, Elmer Eckart, Henry Fields, Constantine Konstin, Ray Langlois, Basilio Medina, Dan Machado, Seve Machado, Thomas Mrakava, Gary Nicholson, Pepito Poblete, Paul Rosenberg, Arnold Sears, Stan Susman, and Ed Woodward.

Absentee Special Donor List for April

Chairman, Bill Gipe

Absentee donors: Chris Manitas, Nick Kyriakis, Richard Gedymin, and Charles Leach.

Please notify Bill Gipe (650-878-5746) if you'll miss a lunch meeting.

Remember the SIR monthly lunch donation of \$2 helps meet branch expenses. Thank you!

Please see me at the meeting if your name is missing from this partial list.

Membership and attendance

Report for April 2011

: Branch 4 Membership & Attendance

On April 6, 2011 there were 75 active members present at the lunch. That's 52.7% attendance. Attendees also included one inductee, the lunch speaker and his guest.

Thanks to April meeting contributions from Paul DeNatale, Art Encabo, Chas. Gochez (annual), Ray Langlois (annual), Pablo Magat, Hayden Neal, Gary Nicholson, Nick Rigas (annual), and Rolf Rosander (gift).

Active members 143 (includes one Honorary Life Member, Sam Riskin)

Inactive members 16

Changes in April: Branch 4 welcomes David Donnelly. He's a retired teacher from San Bruno, he's sponsored by David Nigel.

In April #219 Ed Murphy requested a move to the Inactive List.

Please note that #169 Rolf Rosander has resigned.

Branch 4 regrets the April passing of #403 Nick Tamaras

**In Memoriam
Nick Tamaras**

Pinochle George Samoulides 415 564 5384

If you know the game or are interested in learning the game, join us on the 2nd and 4th Mondays of each month. Meetings are at the Holy Trinity Christopher Community Center, 999 Brotherhood Way, in San Francisco. Hope to see you there for some fellowship and fun.

Sunshine Committee

Shut ins Chairman Lee M. Appel 415 221 6664

Sick List for April 2011

Pete Angelonides, Henry Fields, George Rodriguez, Bud Howard, Nick Rigas, and Ed Woodward.

Computer Club – Jerry Blumenthal 415 681 1208

Meeting at 11:45 every 3rd Wednesday of the month at the Doelger Senior Center, Westlake – Daly City. All those interested in computers are welcome to attend.

Next meeting – May 18th

Glee Club – George Rodriguez 650 992-8321

We will practice during the social hour and after the meeting.

Bowling – Bob Fox 415 753-2630

With only 4 more weeks, plus position rounds, remaining in the winter season, the standings are as follows: First place is held by the Shockers (Ross Johnson, Mary Lopez, and Joe Lopez). 2nd. place has the Dream Team (Mila Balcita, Pete Balcita, and Delly Lombos). Finally a SIR team, in 3rd. place, the Three Clowns (Earl Somers, Ed Sawyer, and Dan Kramer).

High Averages (Men): Joe Lopez (178.21), John Ghiglieri (173.05), and Al Ertassi (167.90). Among the Women: Celia Castillo (136.42), League President Maxine Smith (137.64), and Mila Balcita (132.71).

Bocce Ball Harry Lieberman 415-584-3794

Wednesdays, (9:30AM to 11AM) Doelger Senior Center, Daly City, Bocce Ball Court. See you There!

Rewards for Branch 4

When you make a purchase at Office Depot, give them the Rewards # 1738924784 and Branch 4 will get the credit. A win win situation! This will help defray expenses. Thank You!

SIR Happenings is now in its sixth year of publishing, and the readership is growing. Enjoy reading SIR Happenings, the State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: sirinc.org.

Don't forget to wear your pin to the meetings. The Bolo Ties, Lapel Pins, Patches, and Decals are all reasonably priced at \$2 to \$3 each. **Fly the SIR Colors!** See Bill Gipe!

FIRST CLASS MAIL



SAN FRANCISCO BRANCH NO. 4

POSTMASTER:

If undeliverable—Please return to:
Bill Gipe
2323 Galway Dr.
So. San Francisco, CA 94080

(Big SIR continued)

According to Wikipedia the month of May has been named for the [Greek goddess Maia](#). In both common Western calendrical systems, no other month begins on the same day of the week as May. This month and June are the only two months that have this trait, though the first day of August in a common year and the first day of October in a leap year are also unique. No other month ends on the same day of the week as May. In addition we celebrate Cinco de Mayo, Mother's Day (May 8), Armed Services Day (May 21), and Memorial Day (May 30).

SIR members and guests attending a guided tour of the SFO Aviation Museum.



Non-Responsibility Clause: All and their tours and activities arranged for Sons In Retirement, Inc., its branches and committees, are for the convenience and pleasure of the members guests who desire to participate. However, Sons In Retirement, Inc., and its branches do not assume responsibility for the well-being or safety of the participants or passengers or their property in any manner pertaining to said tour and other activities. Members and their guests participate at their own risk and should not expect to hold Sons In Retirement, Inc., or any of its branches responsible in any way.