

**Big Sir: Robert Fox**

415 753 2630

**Little Sir: Ken Reed**

415 810 3832

**Secretary: Stu Ruth**

415 387 7176

**Treasurer: Paul Rosenberg**

415 751 9039

**Membership & Attendance:**

**William Gipe**

650 878 5746

**Ex-Officio:**

**Robin Jaquith**

**Area I Governor:**

**V a c a n t**

**Region 5 Gov: George Kranan**

**State President:**

**James Stedman**



# God Bless America



**San Francisco Branch 4**

**MAY 2012**

**Issue**

**George Rodriguez, Editor**

**Flor Mendoza, Asst. Editor**

## SONS IN RETIREMENT

*A Luncheon Club  
promoting the*

**INDEPENDENCE and DIGNITY  
of RETIREMENT**

*Every friend is a potential member!*

### M E N U: \$ 1 5 . 0 0

**MAY:** Chicken Enchiladas, Fruit Salad, Flan

**JUN:** BBQ Steak, Chefs Salad

*Pinneapple Upside Down Cake*

**JUL:** Bratwurst Sausage, Cobb Salad

*German Chocolate Cake*

**NOTE:** Salads must be ordered one month in advance. When you pay for the current meal, please sign the salad sheet for the following month.

### NEXT MEETING: MAY 2, 2012

*Elks Lodge (650) 589 4030 ext. 17*

*Stonegate & Hillside Boulevard*

*So. San Francisco, CA 94080*

*10:00 Bd. Mtg. 11:00 Social 12:00 Lunch*



#### LUNCHEON SPEAKER

**NAME: TO BE ANNOUNCED**

**SUBJECT**

**2012 USGA OPEN  
GOLF TOURNAMENT AT  
THE OLYMPIC CLUB**

#### Ladies Day Luncheon

**June 14, 2012**

**For details—see Page 4**



**WIN FUN WIN**



### From Big Sir Robert Fox

Well, fellow SIR members. It is May with summer just around the corner. Let us be thankful for the late rains to insure you can finish taking your shower with adequate water to rinse off the soap and water a few of your plants.

If you live in the fog belt you can enjoy some lovely days of sunshine for your morning or afternoon stroll. There is a hiking path along the Great Highway I like to walk along. Now that both my knees have been replaced I walk for the first time in decade's pain free. If you or a loved one is contemplating a prosthetic knee joint replacement, come see me about a very practical way to obtain full range of motion quickly.

Wayne Veatch will discuss the next outing he has planned in the area at our lunch as well as describing it in this newsletter. He's been doing a dynamite job arranging these outings and you should consider going to one of these future events.

If you are contemplating stopping membership either for a short period or permanently, notify Bill Gipe. Of course we wish you to be a regular at our lunches but it is beneficial to our Branch to keep our active membership count accurate.

You will see the flyer for our **Ladies Day lunch coming up on June 14<sup>th</sup>**. There will be a good lunch, live music featuring the infamous Branch 4 trio, bingo and prizes not to speak of a great social time. It will be held at Elk's club where we do our monthly lunch. Plan on it and fill out the sign-up sheet. And coming stag is perfectly fine as well.

Lastly fellow SIRs, our **July lunch is scheduled on Thursday, July 5<sup>th</sup>** because July 4<sup>th</sup> falls on the first Wednesday of the month.

**Quote for the month:**

**"Great minds discuss ideas.  
Average minds discuss events.  
Small minds discuss people."**

**~ Eleanor Roosevelt**

**CLUB ACTIVITIES**



**SCOREBOARD AND  
TOURNAMENT  
SCHEDULES**

**Jack Major 415 566 2243 Ken Reed 415 810 3832**

**2012 Sharp Park Tournaments** are scheduled for the second Tuesday of the month, starting in February at 0930. Check the website for the current schedules and past results: **SIR Branch 4 Golf**

Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The **April 10<sup>th</sup> Sharp Park tournament** was rained out.

**Next Sharp Park Tournament: Tuesday May 8th, 2012 first tee-off is 0930.**

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first

Wednesday's lunch. Since there's breakfast, **check in one hour before your tee time, or risk**

**being removed from the tournament.** Sharp Park fees are \$42 for green fees, cart, breakfast (at 0830), and prizes (\$3 each). It looks like it will be **cart-path-only** for the foreseeable future.

**2012 Poplar Poplar Creek Tournaments** are scheduled for **Tues 2/21, Tues 4/24, Tues 6/19,**

**Wed 8/22, Wed 10/24, and Tues 12/18.** We have 10 tee times for 40 players starting at 1015.

**No-shows without notification** will require a **\$10 contribution** to the commissioner's pocket fund at the next tournament.

The **April 24<sup>th</sup> Poplar Creek** results are out on the website.

**Next Poplar Creek Tournament: Tuesday June 19th, first tee-off is 1015.**

Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$13.50 per player double, \$18 single, payable at the Pro Shop.

**SIR Area 4 Away Golf Tournaments: Jim Smith, 650-871-8855, 430 Forest View Drive,**

South SF, CA 94080. These tournaments are scheduled for Mondays this year. See the website

or golf table at the lunch.

**Upcoming Away Trips** – 5/21 Foxtail – South, 6/25 Napa.

Check the web site **SIR Branch 4 Golf** for updates!



**From Little Sir Ken Reed**

Springtime is a wonderful time of the year. I spent much of this winter indoors, even though the weather was dryer than normal. I love to read and finished 11 books in three months, including Ken Follett's *The Pillars of the Earth* (almost 1000 pages), and *Fall of Giants* (985

pages). I enjoyed every minute of a relaxing winter ..... and I gained 7 pounds. I yearned for springtime, the rains finally came, and I had an awakening to the possibility and potential of outdoor activities. With my SIR buddies I enjoy an outing of bocce ball with Harry Lieberman, Charlie Leach & friends once in a while, and lots of golf. Jack Major & Jim Smith have put together a robust schedule of fun golf tournaments and outings. Wayne Veatch continues to coordinate some interesting monthly local outings and the antique car club.. The rest of our activities are mostly indoor. And so.... Recently I've dreamed about re-kindling my passion for running when I ran the trails of Mt. Tamalpais and other wilderness areas of California in all kinds of weather. But alas, my feet have flattened, my knees ache, and it hurts to run. I decided to start walking and I am slowly becoming a fairly good pain free walker. It's less stressful on my body, and I can keep my heart rate up and reap the aerobic benefits, not available when I'm reading indoors. There are some beautiful trails, beaches, and path to explore in our area including Mt. San Bruno, Golden Gate Park, GGNRA, and ocean beach. We could vary the locations or choose to walk the same course. A reward for completion of route could be brunch, lunch or just a liquid refresher.

**ANTIQUÉ CARS: Wayne Veatch 415-821-1806**  
We meet immediately after the monthly luncheon meeting in the parking lot. At our last meetings, we viewed and discussed Wayne's 52 Studebaker, Tony Ramirez's 36 Buick and Jim Moore's 68 Plymouth Roadrunner. All who are interested in older cars are welcome.

**BOCCE BALL: Harry Lieberman Charlie Leach**  
Meets on Wednesdays at Doelger Senior Center  
1st Wed 9:30 –11; Other Wed 10-12; 4th Wed. Wives are welcome

**COMPUTER CLUB: Jerry Blumenthal 415 728 5573**  
Meeting at 11:45 every 3rd Wednesday of the month at the Doelger Senior Center, Westlake-Daly City. All those interested in computer are welcome to attend.

**GLEE CLUB: George Rodriguez (To be announced)**

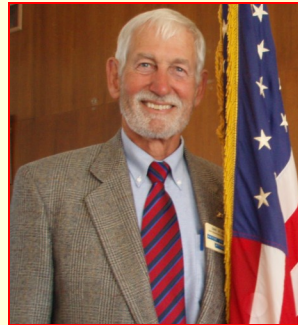
**PINOCHLE: George Samoulides 415 564 5384**  
Our games start at 1:30PM on the **2nd and 4th Mondays** of each month. We meet at the Holy Trinity Christopher Community Center, 999 Brotherhood Way, in San Francisco. Join us in the games or for a cup of coffee and fellowship.

**ATTENTION!!!**

If you want to get a notification of when the Foghorn is available, email Jack Major at [jemajor@pacbell.net](mailto:jemajor@pacbell.net) to set up our email list.

From your Travel Chair,  
Wayne Veatch -

As we announced in my last column and at our last luncheon meeting, we had a very interesting tour of the Jeremiah O'Brien Liberty ship at Pier 45 in San Francisco, followed by a great lunch at Capurro's, on April.12. Although not strictly a travel activity but involving a short trip, Branch 4 joined Branch 118 for a very pleasant wine tasting, led by Yours Truly, at the Bel-Mateo Bowl in San Mateo on April 10. Let us know if you would like to attend the next one, to be led by Bob Fox on May 15. We are open to your suggestions for our next local trip. Moffet Field has been suggested, as has the Aviation Museum at San Carlos. Please let me know what interests you ([veatchlaw@gmail.com](mailto:veatchlaw@gmail.com) 415-821-1806). Meanwhile, SIRs offer many more extensive trips out of the area and more ambitious cruises and international travel. Please see details on the Travel link on our own Branch 4 website, <http://branch4.sirinc2.org/>, Dan Miller's Branch 90 Travel page, <http://sir90.org/travel/travel.html> and the State SIR page, <http://sirinc.org/siractivities/>, click on Travel. Please let me know if you do join any of these trips, so I know what interests you and can coordinate you with the people offering the trip. Now is the time to plan your travel, as the weather has improved.



## BIRTHDAY GREETINGS-CHAIRMAN

Jim Parsons

SIR Branch #4 birthdays in May include:

Earl Anecston, John Belmondo, Pete Bencharsky, Charles Blake, Vito Borella, Alex Christ, Elmer Eckart, Henry Fields, Larry Hurley, Ray Langlois, Dan Machado, Steven Machado, Hayden Neal, Rich Palmer, Paul Rosenberg, Arnold Sears, Stanley Susman, William Waterman, Ed Woodward, and Andrew Ynostrosa.

## MEMBERSHIP & ATTENDANCE CHAIRMAN:

William Gipe

Branch 4 thanks all annual, special, and missed meeting donors. In April Branch 4 received annual contributions from Henry Albert, Henry Ratti, and Marios Stathopoulos. Missed meeting contributions were received from Bill Angelopoulos, Hayden Neal, and Walt Prawicki

## SUNSHINE COMMITTEE

Chairman, (Vacant)

*Jon Lucero*

## Members Present April 4, 2012

Attendance 141 active, 1 inactive. 1 inducted. Branch 4 has 211 active & 28 inactive members for 66.8% active attendance in April.

Branch 4 welcomed new member Stuart Etzler in April.

Tony Agustin, Charles Blakeslee, and Bill Robles moved to the inactive list.

★ Buy your raffle tickets early for a chance to win. ★

★ Proceeds will be for the benefit of our Branch. ★

“Life is uncertain  
Eat dessert.”

Need a ride?  
Call Bill Gipe



Anyone who has any suggestion, article, or message to publish, please send it to: **George Rodriguez, Editor (650) 992 8321**

**POSTMASTER:***If undeliverable—Please return to:***William Gipe****2323 Galway Drive****So. San Francisco, CA 94080****FIRST CLASS MAIL**

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San Francisco Branch 4**

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**REWARDS FOR BRANCH 4**

When you make a purchase at OFFICE DEPOT, Give them the Rewards #1738924784 and Branch 4 will get the credit. This is a win win situation! This will help defray expenses. Thanks!

**JOIN THE FUN – COME TO****SIR Branch No. 4****Ladies Day Luncheon**

June 14, 2012

Elks Lodge at Stonegate &amp; Hillside Blvd

So. San Francisco

11:00 AM Social Hour

12:00 Noon Lunch

Music by the Branch 4 Trio

Drawing for prizes &amp; Bingo!!!

M e n u:

Choice of Ham with pineapple  
Sauce, crab stuffed sole, or  
Vegetarian, with the usual  
trimmings, coffee and dessert.

**PRICE: \$25 PER PERSON**

Send your Reservation by 6/6/12 to:

Bob Fox, 1642 23rd Avenue

San Francisco, CA 94122



**Sir David Nigel  
Speaker of the  
Year**

**SIR HAPPENINGS** is now in its eighth year of publishing, and the readership is growing. Enjoy reading SIR Happenings, the State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: [siring.org](http://siring.org).

Please save the tabs from aluminum soda pop cans and bring them to the SIR meeting. Give them to Joe Sangiacomo or Walt Prawicki. They are for the Ronald McDonald House, for community charitable works.  
Thank You!

209



Speakers representing the "SS Jeremiah O'Brien" on April 4 general membership meeting are from left to right:  
Sarah Carter  
Dennis Koller  
Tom Bernard.