Big Sir: Robert Fox

415 753 2630

Little Sir: Ken Reed

415 810 3832

Secretary: Stu Ruth

415 387 7176

Treasurer: Paul Rosenberg

415 751 9039

Membership & Attendance:

William Gipe

650 878 5746

Ex-Officio:

Robin Jaquith

Area I Governor:

Vacant

Region 5 Gov: George Kranan

State President:

James Stedman

The Fog Horn

Pranch 4 Monthly Newsletter



SONS IN RETIREMENT

A Luncheon Club promoting the INDEPENDENCE and DIGNITY of RETIREMENT

Every friend is a potential member!

NEXT MEETING: JULY 5, 2012 MENU: \$17.00

Jul: Bratwurst Sausage, Cobb Salad, German Chocolate



San Francisco Branch 4 July 2012 Issue

George Rodriguez, Editor

Flor S. Mendoza, Asst. Editor

The speaker for the SIR July lunch is Therese Myzwinski from Peninsula Del Rey, a premier and new senior living community located in Daly City.



Robert Fox, Big Sir

Summer has arrived. That means fog for the coastal areas and sunny inland. My friend who lives in the Oakland hills calls me every so often when he sees Sutro Tower shrouded in fog and asks how I can possibly BBQ. I tell him I've gotten good working my Weber grill with a down jacket and gloves. However this

June has seen very little fog so take advantage of the outdoors.

Two activities you can enjoy this month is the walk for health Ken Reed is heading up at Golden Gate Park scheduled July 13. The other is a tour of the USS Potomac (Floating White House) scheduled July 18 coordinated by Wayne Veatch.

This month we celebrate our nation's birthday on the 4th. And isn't it grand living where we can enjoy so many freedoms and elections of multiple choice and they are not rigged.

Reflect on our heritage and how we manage to meld so many cultures like no other country in the world.

The Ladies Day lunch was enjoyable. Some attendees managed to walk home with a bingo prize AND a bottle of vino. We appreciated the music of George Rodriguez, Joe Jacinto, and Dan O'Leary who were good as ever.

I want to acknowledge the efforts of Steve Machado, Flor Mendoza, and David Nigel for selecting a new name badge for us. They selected a cost effective badge that we will receive in a month or so. If your current badge contains incorrect information please notify Flor Mendoza.

Quote for the Month: Always use the correct tool for a task. A hammer can handle most any job. If you misplaced your hammer, any heavy blunt object can be substituted for a hammer.

Branch 4 recognizes and congratulates the members who are over 90 (Seniors) and over 95 years old (Super Seniors) for their great milestone achievements. Ken Reed, Little Sir, chaired the event and was highlighted with the presentation of the Presidential Award by Sir George Kranan, Region 5 Governor, on extreme right.



The Fog Horn

CLUB ACTIVITIES





Summertime, And the livin' is easy. Getting outside and enjoying SIR activities seems easier as the weather stays more comfortable. We had our first SIR 4 Walk for Health on June 7th, and even though this activity was a day after the luncheon, we had 6 participants enjoying a 3-4 mile scenic stroll around Land's End, San Francisco. Special thanks to docent Paul Rosenberg for the historical guidance.

We are planning another walk, I0am, Friday, July 13th in Golden Gate Park, around and up to Strawberry Hill, Stow Lake. Those less inclined to climb the highest point in GGP can take a boat. Possible activities: Visit the Waterfall; Meditate at the Golden Gate Pavilion; get in Shape walking Strawberry Hill; Enjoy the Water (water bike or row boat); Bird Watch and observe the Wildlife. There is a lot to do in Golden Gate Park, the largest man made park in the USA. Meet at the Boat House, Stow Lake, I0am. You can bring your significant other or friends & RSVP appreciated to Ken at 415-810-3832 or runkenrun@aol.com

Last month and this month we honored our Senior and Super Senior Presidential Awarded SIR members for their SIR longevity and service. Hats off to these members who have achieved the age of 90+ or 95+.

The 2012 Membership Roster is out and distributed. If you have a correction, new email address, cell phone number, or any update please see Bill Gipe or myself and we'll make sure we get it corrected in the next issue.

Happy 4th of July, and remember the July Luncheon is on Thursday, July 5th.





A beautiful day at the US Open. Flor Mendoza and his wife Elsa, are with Jason Day signing autographs.

ANTIQUE CARS: Wayne Veatch 415-821-1806

We meet immediately after the monthly luncheon meeting in the parking lot. At our last meetings, we viewed and discussed Wayne's 52 Studebaker, Tony Ramirez's 36 Buick and Jim Moore's 68 Plymouth Roadrunner. All who are interested in older cars are welcome.

BOCCE BALL: Harry Lieberman Charlie Leach

Meets on Wednesdays at Doelger Senior Center 1st Wed 9:30 –11; Other Wed 10-12; 4th Wed. Wives are welcome

COMPUTER CLUB: Jerry Blumenthal 415 728 5573

Meeting at 11:45 every 3rd Wednesday of the month at the Doelger Senior Center, Westlake-Daly City. All those interested in computer are welcome to attend.

PINOCHLE: George Samoulides 415 564 5384

Our games start at 1:30PM on the **2nd and 4th Mondays** of each month. We meet at the Holy Trinity Christopher Community Center, 999 Brotherhood Way, in San Francisco. Join us in the games or for a cup of coffee and fellowship.



SCOREBOARD AND
TOURNAMENT
SCHEDULES

Jack Major 415 566 2243 Ken Reed 415 810 3832

2012 Sharp Park Tournaments are scheduled for the second Tuesday of the month, starting in February at 0930. Check the website for the current schedules and past results: SIR Branch 4 Golf

Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The June 13th Sharp Park tournament had 20 players and some nice weather. The results are:

Group A (under 26 handicap) 1st Pete Gandell 72 net, 2nd Wil Uclusin 73,

Group B (26 plus) Ist Jim Smith 67, Ken Reed 71,

Closest to #8 – Ist Wil Uclusin 3'8", 2nd Jim Smith 7'.

and the results are on the web site and copies will be on the golf table.

Next Sharp Park Tournament:

Tuesday July 10th, 2012 first tee-off is 0930.

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. Since there's breakfast, check in one hour before your tee time, or risk being removed from the tournament. Sharp Park fees are \$42 for green fees, cart, breakfast (at 0830), and prizes (\$3 each). It looks like it will be cart-path-only for the foreseeable future.

2012 Poplar Poplar Creek Tournaments are scheduled for Tues 2/21, Tues 4/24, Tues 6/19, Wed 8/22, Wed 10/24, and Tues 12/18.

We have 10 tee times for 40 players starting at 1015.

No-shows without notification will require a \$10 contribution to the commissioner's pocket fund at the next tournament.

The June 19 Poplar Creek tournament results are on the web site and copies will be on the golf table.

Next Poplar Creek Tournament: Tuesday August 22nd, first tee-off is

Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$13.50 per player double, \$18 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments: Jim Smith, 650-871-8855,

430 Forest View Drive, South SF, CA 94080.

These tournaments are scheduled for Mondays this year. See the website or golf table at the lunch.

On Monday July 30th, Foxtail Golf Club – North Course 100 Golf Course Drive, Rohnert Park, 707-584-7766 hosts the next shotgun tournament. Bus leaves the SSF Elks Club at 0630 for 0830 tee off. Bus rate \$60, drive \$55.

Upcoming Away Trips – August 27th Mare Island, September 24th Blue Rock Springs. Check the web site SIR Branch 4 Golf for updates!

GLEE CLUB: George Rodriguez (To be announced)

ATTENTION!!!

If you want to get a notification of when the Foghorn is available, email Jack
Major at jemajor@pacbell.net to set up our email list.





Travel Chair, Wayne Veatch

Your Travel Chair, is writing this column on a cruise ship on the Yangtse River in China. "We are on 21-day Grand Circle tour, which is really terrific." Travel Committee has put together the details for a fascinating and fun local trip for July: On Wednesday, July 18, we will take a tour of Franklin Delano Roosevelt's yacht the USS Poto-

mac, docked at Jack London Square in Oakland. Aside from being FDR's personal fishing boat, it was referred to as "the floating white house" from 1936 to his death in 1945. See their website at http://usspotomac.org. This trip will be even more fun, as we will take the ferry to Jack London Square from the Ferry Building in SF, meeting by 10:15 AM, leaving at 10:30, enjoy the tour, have lunch at Jack London Square and return by ferry, about 2 PM. Senior ferry and tour tickets total only \$15. We will take signups at the July meeting, or send me an email reservation now to veatchlaw@gmail.com or call me at 415-821-1806.

Meanwhile, keep up with the many other SIR travel offerings on the Travel link on our Branch 4 website, http://branch4.sirinc2.org/ and Dan Miller's Branch 90 Travel page, http://sir90.org/travel/travel.html

Musical entertainment at the Ladies Day Luncheon





Branch 4 got talents to play the music for entertainment at the lune 14th, Ladies Day luncheon. Above picture are from left to right: loe lacinto on the keyboard, George Rodriguez with the guitar, and Dan O'Leary the soloist, followed by George. Both of them are super in their respective performances.

Anyone who has any suggestion, article, or message to publish, please send it to: George Rodriguez, Editor (650) 992 8321



BIRTHDAY GREETINGS Chairman: Jim Parsons

In July Branch 4 wishes Happy Birthday to:

Gilbert Aldrete, Gerald Blumenthal, Ramon Bon, William Cooper, Jere Driscoll, Nickolas Fesunoff, Henry Gomez, Walter Haag, Alfred Herpe, Amon Howard, John Jamieson, Nicholas Janakes, Charles Leach, Tom Lenes, Chris Manitsas, James McCoy, Dennis Meixner, Jim Parsons, Anthony Ramirez, Nicholas Rigas, George Rodriquez, Kenneth Steward, Wayne Veatch, and (Birthday Chairman, Jim Parsons.)

Badge 150

MEMBERSHIP & ATTENDANCE Chairmen William Gipe

Branch 4 thanks Alex Christ, David Krow, Art Rogers, and William Kneebone for their contributions in June.

Branch 4 welcomes new member John Andrews of San Bruno. He was inducted at the June meeting.

Branch 4 remembers former branch secretary Gene Roberts, who passed away in June. He was a dedicated member for many years. Branch 4 remembers inactive members Lloyd Germanetti and Frank Hanly who passed away recently. Branch 4 notes belatedly the passing of Art Caponera and Marcus Roth.

IN MEMORIAM

Art Caponera, Frank Hanly, Gene Roberts Lloyd Germanentí, Marcus Roth

SUNSHINE COMMITTEE Chairman, (Vacant)

Jon Lucero, Lee Appel, Richard Futrell, Roben Jaquith

Members Present June 6, 2012

Branch 4 has 206 active members and 29 inactive members. On June 6 there were 122 active members, 1 inactive member, 1 inductee, and 1 guest present at the lunch. That's 59% active attendance.

Buy your raffle tickets early for a chance to win.

Proceeds will be for the benefit of our Branch.

"Live your life and forget your age."



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San Francisco Branch 4

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Our 1st Walk for Health took place June 7th around

Land's End, San Francisco.

We'll do it again on July 13th at Stow Lake, Golden Gate Park.

On the picture below are from left to right:

Cynthia Major, Bill Gipe, Ken Reed, Jack Major, Paul Rosenberg, George Fenech

REWARDS FOR BRANCH 4

When you make a purchase at <u>OFFICE DEPOT</u>, Give them the Rewards #1738924784 and Branch 4 will get the credit. This is a win win situation! This will help defray expenses. Thanks!

SIR HAPPENINGS is now in its eighth year of publishing, and the readership is growing. Enjoy reading SIR Happenings, the State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: **siring.org**.

Please save the tabs from aluminum soda pop cans and bring them to the SIR meeting. Give them to Joe Sangiacomo or Walt Prawicki. They are for the Ronald McDonald House, for community charitable works. Thank You!

Please clip and mail today.

To: SIR Branch 4,

Name:

c/o Bill Gipe, 2323 Galway Drive, So. San Francisco, CA 94080

Enclosed is my contribution in the amount of \$_____for

- Missed meeting donation
- ___ Annual Donation
- ___ Other (specify)

Badge No. _