

**Big Sir: Ken Reed**  
415 810 3832  
**Little SIR: Paul Rosenberg**  
415 751 9039  
**Attendance & membership:**  
**Bill Gipe**  
650 878 5746  
**Secretary: Stuart Ruth**  
415 387 7176  
**Treasurer: Bud Sandkulla**  
650 342 5004



**God Bless America**

### MENU

**June:** House Salad with Ranch Dressing, BBQ Steak, Spumoni Ice Cream, Shrimp and Crab Sandwich with French Fries.

**July:** Caesar Salad, BBQ Pork Ribs, Brownie ala Mode, Turkey Melt with Potato Salad.

(Salads must be ordered one month in advance)

### Big SIR Ken Reed



June is upon us and summer is almost a reality. Activities slow down, but SIR 4 keeps on trucking with the continuation of Book, CD, DVD swap where you donate one and take one, Veterans Day, Spring Fling, and Walk 4 Health.

June Luncheon is Veteran Appreciation Day, in celebration of Memorial Day, May 27<sup>th</sup>. You may want to share a military experience with everyone by bringing a souvenir, cruise book, uniform (if it fits or not), photo(s) or a memorable story. You'll have a chance to share by display or announcement. I may even share my P-3B mission story when the plane I was too late to take was shot down off the coast of Vietnam.

Spring Fling Luncheon (formerly Lady's Day) is happening Wednesday, June 19<sup>th</sup> with music, and games of skill? = BINGO. Big prizes too.

This is a chance to bring a friend or significant other and party with SIR. Flyer available. (continued)

## Sons In Retirement San Francisco Branch 4



A Luncheon Club promoting  
The Independence and Dignity  
Of Retirement

Elks Lodge 650 589-4030  
Stonegate & Hillside Blvd.  
So. San Francisco, CA 94080

10:30 Board Meeting  
11 AM Social-12Noon Lunch  
*Every friend is a potential  
Member*

(Big SIR article continued)

June Walk 4 Health is planned for June 14<sup>th</sup> with a walk across the Golden Gate Bridge and back. Meet 9:44am at the Visitors Center. Flyer available.

Stay tuned for more info on our upcoming Chinatown Tour too.

### Dr. Kenneth C. Howayeck



**May Speaker, "The Importance of  
Bone Density."**

### June Speaker Kevin Keyes

Government Entitlement programs  
for long term insurance.

### Happy Birthday! United States Army



## Fog Horn Issue June 2013

Next meeting June 5th  
Following meeting, July 3rd  
Editor George Rodriguez  
Asst. Editor Flor Mendoza  
Ex Officio: Bob Fox  
Area 1 Governor: Bob Fox  
State President: Richard Dettmer  
Region 5 Director, George Kranen



**Little SIR Paul Rosenberg**

June is the month of graduations. Somehow over the years English composer Edward Elgar's famous march "Pomp and Circumstances, Number 1" had become the official graduation march. There is nothing particularly wrong with the march, but should it be the ONLY march? The phrase Pomp and Circumstances came from Shakespeare. In Othello, Act 3, Scene 3, Othello bids farewell to his soldier's profession. Included in his words are, "Farewell the neighing steed, and the shrill trump, The spirit-stirring drum, the ear-piercing fife, The royal banner, and all quality, Pride, pomp, and circumstance of glorious war!" Elgar composed "Pomp and Circumstances, Number 1" in July, 1901, and it received its first performance the following October 19 in Liverpool. A few days later, it received its phenomenal first London performance at the Proms and the audience insisted that it be encored twice – reportedly the only proms concert ever with a double encore! Its success assured, the piece became a staple of the light orchestral concerts. Three times words were added to this piece although Elgar never intended that words would be added. Once the march became the "Coronation Ode" and twice the words were titled "Land of Hope and Glory." Elgar wrote four more Pomp and Circumstances marches but only the first attained lasting success.

(continued on page 3)

**Golf: Jack Major 415-566-2243**

**Ken Reed 415 810-3832**

A one-page summary of the **local SIR golf rules** has been published and is now available. Pick up a copy on the golf table or check the web site: <http://branch4.sirinc2.org/golf.htm>

**2013 Sharp Park Tournaments** are scheduled for the second Tuesday of the month, starting in February at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The **May 14<sup>th</sup> Sharp Park tournament** results are not available at press time. The results will be updated on the web site and copies will be available on the golf table.

**Next Sharp Park Tournament: Tuesday June 11<sup>th</sup>, 2013 first tee-off is 0930.**

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. There's **breakfast that starts at 0815**, so you want to get there early. At least, **check in one hour before your tee time**. The lineup will be sent out by email a few days before. Sharp Park fees are \$45 for green fees, cart, and breakfast, and prizes (\$4 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

**2013 Poplar Creek Tournaments** are scheduled for **Wed 2/20, Tues 4/16, Wed 6/26, Wed 8/28, Wed 10/23, Wed 11/20, and Mon 12/16**. We have 10 tee times for 40 players starting at 1015.

**No-shows without notification** will require a **\$10 contribution** to the commissioner's pocket fund at the next tournament.

**Next Poplar Creek Tournament: Wednesday June 26<sup>th</sup>**, first tee-off is 1015. Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional Cart fees are \$13.50 per player double, \$18 single, payable at the Pro Shop.

**SIR Area 4 Away Golf Tournaments: Jim Smith, 650-871-8855**, 430 Forest View Drive, South SF, CA 94080. These tournaments are scheduled for Mondays starting in March. See the website or the golf table at the lunch.

On **Monday June 24<sup>th</sup>, Napa Golf Course at Kennedy Park**, 2295 Streblov Drive, Napa 94558, 707-255-4333, hosts the next shotgun tournament. Bus leaves the SSF Elks Club at 0630 for 0830 tee off. Bus rate \$60, drive \$55.

**Upcoming Away Trips** – July 29<sup>th</sup> Foxtail – North (State Qualifying), August 26<sup>th</sup> - Mare Island, September 30<sup>th</sup> – Blue Rock Springs. Check the web site for updates!

The **Away Tournaments** are very important to Branch 4. These tournaments need your support, so please make a commitment to participate. **Thank You! Jim**



If you want to get a notification of when the Foghorn is available, email Jack Major at [jemajor@pacbell.net](mailto:jemajor@pacbell.net) to set up our email list.

**Rewards for Branch 4**

When you make a purchase at Office Depot, give them the Rewards #1738924784 and Branch 4 will get the credit. A win-win situation! This will help defray expenses.

**SIR Happenings** is now in its ninth year of publishing, and the readership is growing. Enjoy reading SIR Happenings, the State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: [sirinc.org](http://sirinc.org).

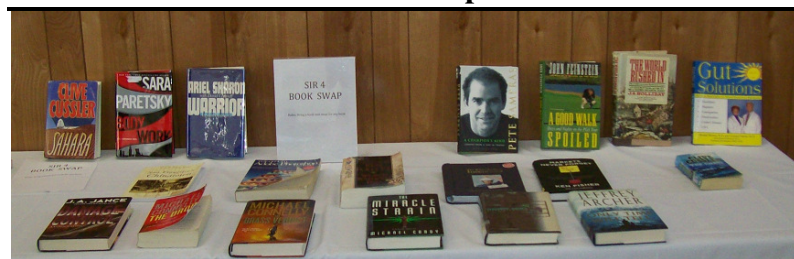
**Pull Tabs**

Save your tab tops from aluminum cans and give them to Joe Sangiacomo or Walt Prawicki. They are for Ronald McDonald House, a worthy cause.

**Giants Baseball ( SIR's Day )**  
**AT&T Park – August 8<sup>th</sup> – 12:45 PM**  
**Section 131 – lower boxes – 60 seats**  
**Giants vs Brewers**

Forms will be available at the next meeting. Seats are \$42.00 each. Hank Gomez will be handling the arrangements. The Hank Gomez Quartet will be singing the National Anthem before the game

**Book Swap**



The book swap was a success. Bring a book, and take a book.

**Quotation**

**“History does not long entrust the care of freedom to the weak or timid.”**

*General Dwight D. Eisenhower*

**Birthday Greetings****Chairman: Jim Parsons****May 2013 Birthday Celebrants**

**Branch 4 Happy Birthday wishes to:** PETER AIELIO, ANDREW BANIS, BRUCE BARICHIEVICH, ALBERT BENJAMIN, ROBERT BOWEN, ANTHONY BRAGANZA, DAVID CARELLI, BELMON CORDOVA, LEROY FORSTER, CHARLES GOCHEZ, HENRY GOMEZ, GEORGE KALLAS, ROBERT KILLIAN, FORD LONG, RICHARD PON, HERMAN SCHOLZ, THOMAS SYLVESTER, VINCENT UNSINN.

**Absentee Special Donor List for March****Chairman, Bill Gipe**

Branch 4 thanks all absentee & special donors. Both Art Rogers and Richard Futrell mailed their contributions after the meeting.

**Membership and attendance**

May 2013 SIR Branch 4 Membership & Attendance Report

5-1-13 attendance: 112 active Badge #228

Branch 4 has 196 active & 36 inactive members

**Branch 4 asks for any data changes for 2013 roster. Please call Bill Gipe at 650-878-5746 if your roster listing should be edited.**

**Look for your Badge Number. If you see it, call Paul Rosenberg, Ken Reed, or George Rodriguez. You will get 5 free raffle tickets.**

**(Little SIR article continued)**

[My personal favorite is the fourth which, during World War II, had the words added: "All men must be free; March for liberty with me; Brutes and braggarts may; Have their little sway; We shall never bend the knee."] So, then, why has it become the only graduation march? March Number 1 received its first American performance late in 1902 in Chicago. On June 28, 1905, March Number 1 received its first performance at a graduation.

Yale awarded composer Edward Elgar an honorary doctor of music at its commencement exercises on June 28, 1905.

March Number 1 was the recessional music at that event. Then Princeton in 1907, Chicago in 1908, Columbia in 1913, Vassar in 1916, and Rutgers in 1918 started use of this march at graduations. Elgar's website claims the piece demonstrates "Elgar's ability to invent melodies that convey a complex of emotions. The tune manages to sound triumphant, but with an underlying quality of nostalgia, making it perfectly suited to a commencement that marks the beginning of one stage of life, but the end of another." A couple of years ago, I asked a school's music director whether she would consider substituting another march for "Pomp and Circumstances, Number 1." She said that she would love to do it but "everybody expects this march and would feel cheated if another substituted." So, the tradition continues of its own weight.

**Pinocle - George Samoulides 415 564 5384**

Games are on the 2nd and 4th Mondays of each month. All Sirs are invited to join in the fun. We start at 1:30 PM. Call George for further information.

Hope to see you there for some fellowship and fun.

**Sunshine Committee****Shut - ins Chairman : Vacant**

Branch 4 May Sunshine Report includes:

Bill Gipe, Nick Rivas

**Computer Club – Jerry Blumenthal 415 728-5573**

Meeting at 11:45 every 3<sup>rd</sup> Wednesday of the month at the Doelger Senior Center, Westlake – Daly City. All those interested in computers are welcome to attend.

**Next meeting – June 19<sup>th</sup> .**

**Bocce Ball****Harry Lieberman - Charlie Leach**

Meets on Wednesdays at Doelger Senior Center

1<sup>st</sup> Wednesday, 9:30-11:00

Other Wednesdays, 10-12:00 (wives welcome)

**Senior Tennis - Harry Lew 415 333 2984**

We meet Mondays and Thursdays from 10 AM to 12 Noon At Glen Park in San Francisco.

**Travel Column****From your Travel Chair, Wayne Veatch**

Thank you (to the usual participants) for your responses to my appeal for ideas for local tours. I'm still open to suggestions from the rest of you, nearly 200 active members of Branch 4. We've lined up some interesting tours for June and July: Wednesday, June 26 we'll go to the Oakland As game vs. the Cincinnati Reds. The game is at 12:35; we'll meet at 12 noon at the park. BART goes right there. Tickets are reasonable (I see \$2 online right now). We'll take sign-ups or just come. Bob Bowen and Kristian Nergaard are putting together a great Chinatown tour for us on July 11. We will need sign-ups and a firm number for this one. As usual, spouses and friends are welcome.

We (three of us) had a great time on Branch 4's trip to the Sacramento Old Town Train Museum on April 25. We took the \$4 Megabus ride to Old Town, really enjoyed the museum and lunch in Old Town. We came back on the Capitol Corridor train - a very pleasant and interesting ride.

I was in Puerto Vallarta, Mexico at the May meeting but will see you at the June meeting, with some travel flyers. Meanwhile, please continue to check out the travel offerings by Area 1 and the State on our Branch 4 website, <http://branch4.sirinc2.org/>. If you do sign up for any of these trips or outings, please send me an email or call me and let me know: [veatchlaw@gmail.com](mailto:veatchlaw@gmail.com).



FIRST CLASS MAIL



SAN FRANCISCO BRANCH NO. 4

**POSTMASTER:**

If undeliverable—Please return to:  
Bill Gipe  
2323 Galway Dr.  
So. San Francisco, CA 9408

**Tear off here and mail with your check by June 13<sup>th</sup>**

SIR Branch #4 - Spring Fling Luncheon  
Wednesday June 19, 2013

Place: Elks Lodge, Stonegate & Hillside Blvd., SSF – 11:00 am social, 12:00 noon lunch

**FUN TIME BINGO - Prizes - \$\$\$ - Music**

Tear off here and mail with your check by June 13<sup>th</sup> - Make check payable to SIR Branch 4 and mail to:

Ken Reed, 367 Byxbee St., San Francisco, CA 94132

Name(s) \_\_\_\_\_

Entrée Choice \_\_\_\_\_ Tri Tip \_\_\_\_\_ Chicken \_\_\_\_\_ Vegetarian

Amount enclosed \$ \_\_\_\_\_ (\$30 per person)

Bring a friend, significant other, guest, family member, etc. for a FUN afternoon

Ken Reed

**Non-Responsibility Clause:** All and their tours and activities arranged for Sons In Retirement, Inc., its branches and committees, are for the convenience and pleasure of the members guests who desire to participate. However, Sons In Retirement, Inc., and its branches do not assume responsibility for the well-being or safety of the participants or passengers or their property in any manner pertaining to said tour and other activities. Members and their guests participate at their own risk and should not expect to hold Sons In Retirement, Inc., or any of its branches responsible in any way.