2014 Officers

Big Sir: Paul Rosenberg 415 751 9039

Little Sir: Bud Sandkulla 650 342 5004

Attendance & Membership Bill Gipe 650 878 5746

Secretary: Stuart Ruth 415 387 7176

Treasurer: Bob Golton 415 661 8280

Ex-Oficio: Ken Reed Area 1 Governor: Bob Fox Reg. 5 Director: George Kranen State President: Richard Dettmer

LUNCHEON MENU:

JAN. Virginia Ham w/ pineapple sauce/shrimp with French Fries/Banana Foster, Honey mustard. Dressing Salad.

<u>Note</u>: Salad must be ordered one month in advance.

FOGHORN Monthly Newsletter



SONS IN RETIREMENT

A Luncheon Club promoting the Independence and Dignity of Retirement. Every friend is a potential member.

Meeting Date: Jan. 8, 2014 (Feb 5, 2014)

Elks Lodge (650) 589 4030 ext. 17 Stonegate & Hillside Blvd. So. San Francisco, CA 94080

10:00AM Board Meeting 11:00AM Social-12:00 Lunch

Luncheon Speaker:
Dr. Thomas Ferrigno, D.C.

<u>Topic:</u>
Your Health is my #1 Priority





Issue Month: January 2014

George Rodriguez, Editor Flor S. Mendoza, Asst. Editor

Editor's Note

Hello Branch 4: Happy New Year! We had a wonderful time at the Christmas Party. We had an excellent turn out. The Hawaiian Ukelele Group performed wonderful as usual. We felt like we were in Hawaii. Thank You to the Branch 4 Trio and a Special Thanks to Janet Veatch for giving us a treat with her lovely voice. And most of all, Thank You Branch 4 members and guests for your participation, to make this event a success.

See you at the meeting!



Paul Rosenberg, Big Sir

Happy New Year to all of you. Here's hoping that we all enjoy a healthy and convivial year. It is unusual for us to begin a lunch a week late but we decided that January 1 is not a good time to get together. So our first lunch meeting for 2014 will be January 8. In the coming year, I would hope that we could increase participation in our activities. Check else-

where in the Fog Horn for times and places. If you can think of an activity or pastime that might be adopted by or group, please let me know. If you are interested, then likely others would be interested.

Late last year the board of our SIRs branch voted to increase our voluntary contribution to three dollars if necessary. Our branch does have money in the bank but it has declined over the past few years to about two thousand dollars. The statewide SIR organization recommends that we have fifteen dollars in the bank for each member. Our branch has about 200 members so our reserves are about two-thirds what they should be. We are not, however, in crisis as our treasury has been level for the past year. One way that members can help is by requesting that the Fog Horn be delivered by e-mail instead of through the mail. Postage will be about half a dollar so e-mail delivery saves five and a half dollars per member just in postage. The printing is also an expense but is nowhere near the cost of postage. There also is a minor expense for the labels. So, if you haven't yet converted, please let me know and you will get future Fog Horns electronically. It is almost like donating five bucks to the organization. Our last major expenditure came in 2011 when we had to replace our badges. The old badges were no longer available except by special order. Our own past Big SIR Flor Mendoza suggested our current badges which came in at half the cost of the special order. Flor handled the conversion so we now have our handsome badges. We

will try to get through the year without raising the contribution, but we cannot guarantee. So, please lock-in the two dollar contribution by purchasing an entire year for \$22 at our January lunch.

We are in such good shape because of the fine leadership of Ken Reed, our outgoing Big SIR, and the hard work of our other officers and board of directors. As a part of a large statewide organization, we must complete monthly reports on activities, treasury, and membership. Our board completes these tasks while supporting our activities. Our Fog Horn is second to none among SIR branches thanks to George Rodriguez and Flor Mendoza. Our activities run smoothly because of those who take responsibility and, especially, the participants. If you are interested in the nuts and bolts of our organization, please come to our executive meetings that take place at ten o'clock in the board room of the Elks Lodge on the day of our luncheons. Do stop by and get acquainted. One more fellow who is vital to our success is our own Bob Fox who now serves as area governor for the SIR branches in San Francisco and the Peninsula.

Special thanks to everyone who made our holiday lunch a success. We all enjoyed the Senior Ukulele Group that lead in to our splendid trio of Tony Braganza, Jack Major, and George Rodriguez. The gift exchange left many happy participants. The special efforts of Ken Reed are known only to me but, without those efforts, our lunch would not have been as festive.

We always welcome new members. We have had one or two new members come to our meetings in the past few months, but, sadly, we lose members at a faster pace. Think about inviting a friend for a lunch and sponsor him for membership. So, if you bring a friend and treat him to lunch, you can get that lunch back plus one for yourself. Our organization is doing well now with our monthly lunch and so many popular activities but we always can enjoy new folks.

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Bud Sandkulla, Little Sir

2013 is over and 2014 is starting in. HAP-PY NEW YEAR!!!! This column is being written by your new Little SIR, Bud Sandkulla. Looking back at 2013, it turns out it was pretty normal. Although I will say I was surprised when I received a Samsung Tablet as a gift for Xmas. Now you know where all my free time was devoted to.

And here I thought computers were supposed to make things easier. I was doing just fine until I found out how difficult these things are to learn. I held out as long as I could, but figured 1 better cave in and learn this piece of sophisticated equipment. It has been quite the challenge and I couldn't have got this far without a lot of mentoring from my wife. Whenever l got in a jam, she was there to help me out. Thank you dear, I owe you big time. I thoroughly enjoyed the Holiday Luncheon and would like to thank Paul Rosenberg for putting on such a great event. I hope those of you who missed out on this years party are able to make it next year, as there was more than the 89 that Since joining Branch 4 SIR in October, 2011, I have had the pleasure of meeting approximately half the membership. I can truly say that each and everyone of you have impressed me as being really nice guys, and there isn't too many of us left. I especially would like to thank Ken Reed for inviting me to join this group and for his tremendous efforts and expertise in being our Big SIR. What a great job!!! Also I would like to thank Bob Golton for stepping up to the plate and taking over as Treasurer. I know he will do a fine job and will be an asset to SIR Branch 4.

Our speaker for the January 8th luncheon will be Dr. Thomas Ferrigno, a very well known Chiropractor that has some very informative advice about spine and back problems and how he treats them. Don't miss it!!

> HERE'S TO YOU! HAPPY DAY'S AND MANY MORE OF THEM!!!

Meet the 2014 Officers Let's support them for another great year for Branch 4



Paul Rosenburg Big Sir





Stuart Ruth Secretary



Bud Sandkulla



George Fenech Asst. Treasurer



Jack Major Asst. Secretary



For Reservation Please Call: Jack Major 415 566 2243 Ken Reed 415 810 3832



A one-page summary of the local SIR golf rules has been published and is now available. Pick up a copy on the golf table or check the web site: http:// branch4.sirinc2.org/golf.html.

2014 Sharp Park Tournaments are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The Tuesday December 10th Sharp Park tournament results are not available at press time. The results will be updated on the web site and copies will be available on the golf table.

Next Sharp Park Tournament: Tuesday January 14th, 2014 - first tee-off is 0930.

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first

Wednesday's lunch. There's breakfast that starts at 0815, so you want to get there early. At least, check in one hour before your tee time. The lineup will be sent out by email a few days before. Sharp Park fees are \$45 for green fees, cart, and breakfast, and prizes (\$4 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

2014 Poplar Creek Tournaments are scheduled for Tues 1/21, Tues 2/18, Wed 4/23, Tues 6/17, Wed 8/20, Tues 10/21, Wed 11/19, Tues 12/16. We have 10 tee times for 40 players starting at 1015.

No-shows without notification will require a \$10 contri**bution** to the commissioner's pocket

fund at the next tournament.

The Wednesday November 20th Poplar Creek tournament was rained out, and the paid players were given \$33 credits for the Monday December 16th tournament, or the next time they play. The results will be updated on the web site and copies will be available on the golf table.

Next Poplar Creek Tournament: Tuesday January 21st, first tee-off is 1015.

Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$14 per player double, \$19 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments: Jim Smith, 650-871-8855

430 Forest View Drive. South SF, CA 94080.

These tournaments are scheduled for Mondays starting in March. See the website or the golf table at the lunch.

BELIEVE IT OR NOT A Golf Record Not Easy To Do!!

The foursome of Bud Sandkulla, George Fenech, John Rittweger, and George Rodriguez at the Poplar Creek Tournament, all four golfers put their 2nd shot in the water, at the 18th Hole. (We wonder why—too much Wheaties maybe).

Bocce Ball—Harry Lieberman—Charlie Leach Meets on Wednesday s at Doelger Senior Center 1st Wednesday 9:30—11:00 Other Wednesdays 10:00—12:00 (Wives Welcome)

Computer Club—Jerry Blumenthal (415) 728 5573
Meeting at 11:45 every 3rd Wednesday of the month at the Doelger Senior Center, Westlake, Daly City. All those interested in computers are welcome to attend.

Pinochle—George Samoulides (415) 564 5384)
Games are on the 2nd & 4th Mondays of each month. All
SIRs are invited to join in the fun. We start at 1:30pm.
Call George for further information. Hope to see you there
for some fellowship and fun.

<u>Senior Tennis</u>—Harry Lew (415) 333 2984 We meet Mondays and Thursdays from 10AM-12 Noon. Glen Park is closed. Call Harry for information.



DECEMBER

MIKE ANDA, PETER ANGELONIDES, BOB BOSCH, ERNIE BRAUN,
PAUL DeNATALE, FRANK DIOKNO, AL ERTASSI, TOM HEAFEY, BOB
HENNIG, LOWELL JAMES, LARRY KILCULLEN, BILL KNEEBONE,
HARRY LIEBERMAN, IKE MEJIA, DAVE PEREZ, DAM RAMIREZ,
CHRIS RAMOS, GEORGE SAMOULIDES, JAMES SAWYER,
HOWARD STILLMAN, MIKE VALENZANO, OLDEN WILLIAMS,

RAY MANALO, FRANK MARICONI.

JANUARY

HANK BROOCK, TONY CHAVEZ, BERT DORMANN, LARRY FARRELL, AL FERREY, BOB HENDRICKS, RAMON JIMENEZ, PETE KLEIN, PABLO MAGAT, DON PRICE, MARIO REYES, LLOYD RINDE, SILVIO SCOCCA, RICH SOWARD, MARIOS STATHOPOULOS, RAY STEWARD, ART TANJUAQUIO, WILLIE UCLUSIN, MIKE VRIHEAS, BRIAN WEISS, TOM GIBBONS.

Absentee Special Donor List—Thank You Chairman: Bill Gipe

Bill Angelopoulos, Jerry Blumenthal Chris Ramos, Stu Ruth, Ted Wright



Membership & Attendance Chairman: Bill Gipe

Meeting attendance 109 Members Novemberr Count: Active 198 Inactive 34

Guests 5

Branch 4 asks for any data changes for 2014 roster. Please call Bill Gipe at 650 878 5746 for any changes for updates. SIR Happenings is now in its ninth year of publishing, and readership is growing. Enjoy reading SIR Happenings, the State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: sirinc.org. Badge 195

Rewards for Branch 4

When you make a purchase at Office Depot, give them the Rewards No.1738924784 and Branch 4 well get the credit. A win-win situation! This will help defray our monthly expenses.

Pull Tabs: Save your tab tops from aluminum cans and give them to Joe Sangiacomo or Walt Prawicki. They are for Ronald McDonald House. Walt Prawicki thanks all those who have supported this worthy cause.

Sunshine Committee

Shut-Ins Chairman: (Vacant)

Jere Driscoll in the hospital



From your Travel Chair Wayne Veatch -

2013 was a very good year for Branch 4's interesting and fun day trips. We always hope that

more of you might join us. Our trip to Angel Island in October was our last local tour for the year. We're hoping all of you had a good time with your families for Thanksgiving and your December holidays. Your Travel Chair enjoyed the Diwali holidays in India in November, celebrating the victory of light over darkness, knowledge over ignorance, good over evil, and hope over despair with candles and decorated houses, people welcoming the goddess of wealth and prosperity, Lakshmi, into their homes. We will be planning our outings for the New Year at the January meeting. Please let us know what you would like to do - where you would like to go.

I hope you continue to check out the travel offerings by Area 1 and the State on our Branch 4 website, http://branch4.sirinc2.org/. If you do sign up for any of these trips, please send me an email or call me and let me know you have done so: veatchlaw@gmail.com, 415-297-1807.

Read the Foghorn and look for your Badge #. If you see it, call Paul Rosenberg, Ken Reed, or George Rodriguez. You will get 5 free raffle tickets.

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A Non-Profit Public Benefit Corporation for Retired Men devoted to the Promotion of Independence and Dignity of Retirement.

San Francisco Branch 4

A Smíle

Costs nothing, but gives much. It enriches those who receive, without making poorer those who give. It takes but a moment, but the memory of it sometimes lasts forever.

None is so rich or mighty that he can get along without it, and none is so poor but that he can be made rich by it. A smile creates happiness in the home, fosters goodwill in business, and is the countersign of friendship. It brings rest to the weary, cheer to the discouraged, sunshine to the sad, and it is nature's best antidote for trouble. Yet it cannot be bought, begged, borrowed, or stolen, for it is something that is of no value to anyone until it is given away. Some people are too tired to give you a smile. Give them one of yours, as none needs a smile so much as he who has no more to give.



George Rodriguez joined with Janet Veatch during the Holiday Luncheon on December 4, singing the popular Christmas song entitled:

"Santa is Coming to Town"

Also a special thanks to vocalist Dan O'Leary.

Non-Responsibility Clause: All and their tours and activities arranged for Sons In Retirement, Inc., its branches and committees, are for the convenience and pleasure of the members guests who desire to participate. However, Sons In Retirement, Inc. and its branches do not assume responsibility for the well-being or safety of the participants or passengers or their property in any manner pertaining to said tour and other activities. Members and their guests participate at their own risk and should not expect to hold Sons In Retirement, Inc. or any of its branches responsible in any way.