2014 Officers

Big Sir: Paul Rosenberg 415 751 9039

Little Sir: Bud Sandkulla 650 342 5004

Attendance & Membership Bill Gipe

650 878 5746 Secretary: Stuart Ruth

 $415\;387\;7176$ Treasurer: Bob Golton

415 661 8280 Ex-Oficio: Ken Reed Area 1 Governor: Bob Fox

Reg. 5 Director: George Kranen State President: Richard Dettmer

LUNCHEON MENU:

FEB. Encrusted
Bass Fish. Fruit
Salad with Yogurt & Granola.
House Salad with Italian
dressing, Tapioca Pudding.

<u>Note</u>: Salad must be ordered one month in advance.

FOGHORN Monthly Newsletter



SONS IN RETIREMENT

A Luncheon Club promoting the Independence and Dignity of Retirement. Every friend is a potential member.

Meeting Date: Feb 5, 2014

Elks Lodge (650) 589 4030 ext. 17 Stonegate & Hillside Blvd. So. San Francisco, CA 94080

10:00AM Board Meeting 11:00AM Social-12:00 Lunch

Luncheon Speaker: Eugene Ostermiller, EA Topic:

Tax Updates (Federal & State)



<u>Issue Month</u>: February 2014

George Rodriguez, Editor Flor S. Mendoza, Asst. Editor

Editor's note:

Hello Branch 4, We got off to a good start for 2014. Good luncheon turnout and we sold a lot of raffle tickets. The sales help our bottom line and also the prizes increase. Thank You!

A special thanks to Bob Richter for his generous donation!

See you at the meeting!



Paul Rosenburg, Big Sir

Elsewhere in the Fog Horn you will see the activities that our branch now offers. Of course all members are invited and, indeed, encouraged to participate. There are activities that other branches in our area offer that we may join or establish for ourselves. Check the following activities for something that might interest you.

The Amateur Radio Club is open to all SIRs statewide. The one basic requirement for joining the group is that one must have a valid FCC Amateur License. There are scheduled weekly nets on various Ham bands, including HF and VHF. All contacts and business of the group is done through radio communication. Current "on the air" schedules are: Tuesday 0740 3668 kHz, Wednesday 1000 7272 kHz, Thursday 1030 146.85 MHz, Friday 0900 3925 kHz.

A Bridge (Rubber) Group is open to all SIRs on the San Francisco Peninsula. It meets at the San Mateo Senior Center at 11:30 every Thursday.

Branch 1 supports a Chess Group.

A monthly Collectibles and Stamp Group discusses various aspects and ways for collecting stamps, coins, and other collectibles for beginners or novices or advanced. The members exchange their experiences about their collections and collectibles

A monthly Current Events Discussion group but it meets at a private home and has space limitations.

A monthly Digital Imaging Group discusses the rapidly growing field that covers digital cameras, scanners, plotters, and new emerging technology. The group also discusses the quality of pictures that can be obtained from such instruments, and other related subjects. Members frequently bring their new cameras and photographs to meetings to share new technology and to demonstrate what can be done with digital photography.

A Dominoes Group meets each week for three hours in San Mateo.

A monthly Economics Research Group meets for luncheon and discusses various aspects of the nation's economy. Each meeting there is a speaker that addresses the aspects of business, economics, or public affairs.

A Fishing Group fishes when weather permits, and sometimes when it's not so good. The group engages in both sea and fly fishing. All SIRs members are welcome to come and tell the best fish "stories"? The group is looking for ideas and participation.

A monthly Gardening Group discusses various garden practices such as irrigation methods, propagation, soil analysis, pest control, pruning, rose selections, fertilization, etc. Once per year the group has an outside speaker on gardening as well as a field trip.

A monthly Genealogy Group is constantly searching for roots, where we came from and how we got here. It discusses various aspects and topics of genealogy, computer programs for genealogy, various sources for obtaining information on ones ancestors, and reviews various sources of genealogical material. It also discusses how the computer is useful in storing genealogical information. Help is available from more knowledgeable members for those who are novices. The group arranges for various field trips occasionally, such as to the Family History Center in Menlo Park and other genealogical sites.

A monthly Stock Study Group discusses various aspects of the stock market, what the trend of the market seems to be, and any other related matters. The purpose of the group is to improve members' knowledge of the stock market and of individual stocks through interactive discussion and active participation. The scope of the studies will include common stocks, preferred stocks, stock-based mutual-funds, stock options, and the operations of these markets as well as published literature concerning these topics.

If any of these groups interest you, please let me know and I can give you more information or help create our own group. Also, we can consider other activities. Some members have discussed a poker group and I'd like to help form it. Please let me know your ideas.

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Bud Sandkulla Little Sir

The other day I met a friend, and during our conversation he asked me if I had made a resolution for 2014. I said I had, but right then I couldn't think of what it was. Shortly after we parted, I remembered, it was to im-

prove my memory. Now, most people today would call that a "senior moment" but really it is more like a "senior minute". I think all of us can relate to walking into a room, or the garage, and then trying to figure out what the heck we were there for. Well, it didn't take a moment to figure out why, it was more like a minute. That's why It's called a "senior minute". When we reached the age to be considered a "senior citizen", we also arrived at the "Metallic Age". That's when our hair turned to silver, our teeth turned to gold, and our ass turned to lead. The next step in the aging process is when we reached the "Losing Age". That's when we lose our hair, lose our memory, lose our mind, lose our eyesight, lose our hearing, lose our teeth, lose our voice, lose our strength, lose our height, and lose our butt. Did I describe any of you? It sure does me. Also, remember the next time you head to the casino, you probably will help keep them in business for a long time by losing. Now that I made you feel good, there's one more thing I can tell you about losing. Whatever you read, you will lose 80% and retain 20%. So, next time you read a newspaper, save yourself some time and throw away 8 pages and just read 2.

HERE'S TO YOU!! HAPPY DAY'S AND MANY MORE OF THEM!!!



Little Sir Bud Sandkulla presents a Certificate of Appreciation to Dr. Thomas Ferrigno for being the guest speaker last month.

The monthly wine tasting is scheduled for February 13. Wines from Eastern Europe will be tasted. The event starts at 2:00pm at the Bel-Mateo bowling alley in San Mateo.



Contact Bob Fox

slyfox33@comcast.com if you are interested.



For Reservation Please Call: Jack Major 415 566 2243 Ken Reed 415 810 3832



A one-page summary of the local SIR golf rules has been published and is now available. Pick up a copy on the golf table or check the web site:

http://branch4.sirinc2.org/golf.html.

2014 Sharp Park Tournaments are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The Tuesday January 14th Sharp Park tournament results were not available at press time. The results will be updated on the web site and copies will be available on the golf table.

Next Sharp Park Tournament: Tuesday February 11th, 2014 - first tee-off is 0930.

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first

Wednesday's lunch. There's breakfast that starts at 0815, so you want to get there early. At least, check in one hour before your tee time. The lineup will be sent out by email a few days before. Sharp Park fees are \$45 for green fees, cart, and breakfast, and prizes (\$4 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

2014 Poplar Creek Tournaments are scheduled for Tues 1/21, Tues 2/18, Wed 4/23, Tues 6/17, Wed 8/20, Tues 10/21, Wed 11/19, Tues 12/16. We have 10 tee times for 40 players starting at 1015.

No-shows without notification will require a \$10 contribution to the commissioner's pocket

fund at the next tournament.

The January 21st Poplar Creek tournament results were not available at press time. The results will be updated on the web site and copies will be available on the golf table.

> **Next Poplar Creek Tournament:** Tuesday February 18th, first tee-off is 1015.

Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$14 per player double, \$19 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments: Jim Smith, 650-871-8855

430 Forest View Drive South SF, CA 94080



These tournaments are scheduled for Mondays starting in March. See the website or the golf table at the lunch meeting. FOGHORN PAGE 3



From your Travel Chair Wayne Veatch -

We're off to a good start for 2014. Aside from the many travel offerings by Area 1 and the State Travel Chairs, we Travel Hot

Dogs in branch 4 are continuing with some neat local tours each month. We typically choose a place we can reach easily by car, BART or Muni (use your Senior Clipper Card) and incorporate a lunch stop. For February, we're requesting a tour to the Southeast Wastewater Treatment Plant near 3d and Evans for Friday, February 7 at 9:45 AM. This is not the one at the beach, which is closed to tours indefinitely due to construction. Please call or email me if you wish to come. For March, we'll tour the Hyde Street Pier (free with a Golden Age Passport), meeting at 10 AM, then have lunch at Capurro's Restaurant (\$20 for the lunch special with drink and tip) then tour the Musée Mécanique on Pier 45 at the foot of Taylor Street (free admission).

I hope you will check out the travel offerings by Area 1 and the State by visiting our Branch 4 website, http://branch4.sirinc2.org/. If you do sign up for any of these trips, please send me an email or call me and let me know you have done so: yeatchlaw@gmail.com, 415-297-1807.

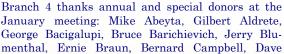
Birthday Greetings Jim Parsons, Chairman



JULIO APODACA, BOB ARATA, PETER ASHE, CLAW BLAKESLEE, CARL D'ALESSIO, ED DAMONTE, BILL DAVALOS, KENFORD

DONG, DAVID DONNELLY, DICK FUTRELL, PETE GANDELL, JERRY HILLER, MERTON JONES, MEL KRANKE, JOHN LOMBARD, WILLIE LOW, FLOR MENDOZA, DAVE NIGEL, DON NUTI, JESSIE PILARE, HANK PRAWICKI. ROY NAPPA, PAUL NOCERO, JOHN McGLOTHLIN

Membership & Attendance Chairman, Bill Gipe Absentee/Special Donor List



Carelli, Ed Damonte, Fred Dannecker, Frank Diokno, Dave Donnelly, Jere Driscoll, Art Encabo, Stan Falk, George Fenech, Nick Fesunoff, Bud Fields, Bob Fox, Pete Gandell, Juan Garcia, Bill Gipe, Bob Golton, Hank Gomez, Phil Gravitt, Bob Hennig, Bud Howard, Mike Keller, Roger Kelly, Terry Kirchhoff, Warren Lee, Bill Leisering, Harry Lieberman, Mel Lipscomb, Pat Long, Steve Machado, Ray Manalo, Jack Major, Frank Mariconi, Tony Marotto, Jim Mayo, Jim McCoy, Dennis Meixner, Flor Mendoza, Jim Moore, George Mourgos, Dan O'Leary, Leonel Parra, Chris Ramos, Ken Reed, Bob Richter, Lloyde Rinde, George Rodriguez, Paul Rosenberg, Bud Sandkulla, Joe Sangiacomo, Jim Smith, Marios Stathopoulos, Tom Sylvester, Wil Uclusin, Wayne Veatch, Missed meeting donors: Pete Roosakos, Bill Angelonides.

Bocce Ball—Harry Lieberman—Charlie Leach Meets on Wednesday s at Doelger Senior Center 1st Wednesday 9:30—11:00 Other Wednesdays 10:00—12:00 (Wives Welcome)

Computer Club—Jerry Blumenthal (415) 728 5573
Meeting at 11:45 every 3rd Wednesday of the month at the
Doelger Senior Center, Westlake, Daly City. All those interested in computers are welcome to attend.

Pinochle—George Samoulides (415) 564 5384)
Games are on the 2nd & 4th Mondays of each month. All
SIRs are invited to join in the fun. We start at 1:30pm.
Call George for further information. Hope to see you there
for some fellowship and fun.

<u>Senior Tennis</u>—Harry Lew (415) 333 2984 We meet Mondays and Thursdays from 10AM-12 Noon. Glen Park is closed. Call Harry for information.

SIR Happenings is now in its ninth year of publishing, and readership is growing. Enjoy reading SIR Happenings, the State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: sirinc.org. Badge 011

Rewards for Branch 4

When you make a purchase at Office Depot, give them the Rewards No.1738924784 and Branch 4 well get the credit. A win-win situation! This will help defray our monthly expenses.

<u>Pull Tabs</u>: Save your tab tops from aluminum cans and give them to Joe Sangiacomo or Walt Prawicki. They are for Ronald McDonald House. Walt Prawicki thanks all those who have supported this worthy cause.

Sunshine Committee

Shut-Ins Chairman: (Vacant)

In Memoriam:

James C. (Jim) Wyatt, SIR State President in 1999

Branch 4 asks for any data changes for 2014 roster. Please call Bill Gipe at $650\ 878\ 5746$ for any changes for updates.

Statistics:	Active
Membership Jan. 2014	192
Add 2 New Members	2
From Inactive to Active	1
Resignation/Moved	-1
To Inactive	-1
Deceased	0
Total for February 2014	193
Total (Inactive)	38

Branch 4 welcomes the new members:

Vernon Collins #77 William Leisering #78 Charles Hoenish #79 and Louis Ravano #80

Read the Foghorn and look for your Badge #.

If you see it, call Paul Rosenberg, Ken Reed, or
George Rodriguez. You will get 5 free raffle tickets.

FIRST CLASS MAIL

Postage

POSTMASTER:

If undeliverable—Please return to:

Bill Gipe 2323 Galway Drive So. San Francisco, CA 94080

Address Label



A Non-Profit Public Benefit Corporation for Retired Men devoted to the Promotion of Independence and Dignity of Retirement.

San Francisco Branch 4







Immediate
Past Big Sir
Ken Reed
presents to
Paul DeNatalie his
Super Senior
Life
Achievement
Certificate.

Non-Responsibility Clause: All and their tours and activities arranged for Sons In Retirement, Inc., its branches and committees, are for the convenience and pleasure of the members guests who desire to participate. However, Sons In Retirement, Inc. and its branches do not assume responsibility for the well-being or safety of the participants or passengers or their property in any manner pertaining to said tour and other activities. Members and their guests participate at their own risk and should not expect to hold Sons In Retirement, Inc. or any of its branches responsible in any way.