

FOGHORN

Branch 4
Monthly Newsletter



2014 Officers

Big Sir: Paul Rosenberg
415 751 9039

Little Sir: Bud Sandkulla
650 342 5004

Attendance & Membership
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Treasurer: Bob Golton
415 661 8280

Ex-Officio: Ken Reed
Region 5 Director: Bob Fox
State President:
Maynard Rodland



Issue Month:
April 2014

George Rodriguez, Editor
Flor S. Mendoza, Asst. Editor

MEET THE SPEAKER



Dan was born and raised in California. After his studies, he enlisted in the Army in October of 1968. His military career included a tour in Vietnam as a combat engineer. After his military duties overseas, he successfully progressed in rank as a Non-Commissioned Officer, an Officer and an Army Aviator completing 20 years of service and leadership. He is an inspirational speaker and has three fantastic presentations that will energize you.

See "Lead and Influence" below:

SONS IN RETIREMENT

A Luncheon Club promoting the Independence and Dignity of Retirement.

Every friend is a potential member.

Meeting Date: April 2, 2014

Elks Lodge (650) 589 4030 ext. 17
Stonegate & Hillside Blvd.
So. San Francisco, CA 94080

10:00AM Board Meeting

11:00AM Social-12:00 Lunch

Luncheon Speaker:

Dan Tovar

Topic:

Spirit of America/Lead and Influence

LUNCHEON MENU:



*APR: Italian Sausage w/ peppers and onions.
Chicken Sandwich w/ Potato Salad, Cream Italian Salad & Italian Cream puff.*

MAY: Chicken Enchilada, House Salad w/ Raspberry Vinaigrette, Flan, and Fruit Salad.

Note: Salad must be ordered one month in advance.



Paul Rosenberg, Big Sir

For the past few years, attendance at the June Lady's Day Lunch [Spring Fling] has been declining and we have struggled to meet the caterer's minimum count. So, this year we will be trying something new. We will be joining with SIR Branch 91 for a picnic on Wednesday, August 20. Plans now call for coffee and doughnuts at ten

o'clock and Bocci ball, then lunch at noon. Lunch will feature steak and barbecued chicken along with the traditional fixings. Please bring utensils as the plastic ones don't work that well with serious food. After lunch we will have bingo games. So, we will continue our annual bingo tradition. Cost will be about twenty dollars. The picnic will be at Grant Park down the Peninsula. If you are interested, volunteer to help out at the picnic. So, please reserve Wednesday, August 20 for our joint picnic with Branch 91.

We will be forming a domino group on the first Monday of the month. Bring out the bones and join us. Location and time to come. I hope the folks who are skill players will have patience for novices like me who haven't played in decades.

Thanks to all the SIRs who participated in the San Francisco History Fair and Expo during the first weekend of March. Many SIRs enjoyed the event and appreciated the breadth of the seventy organizations participating. Kudos to the San Francisco Museum and Historical Society for organizing the event. Sadly, that fine group has lost its franchise to stabilize the Old Mint and create a museum of San Francisco. The California Historical Society now has the franchise and many of us hope the Society will be able to accomplish the conversion to a museum of California history. At the same time, we recognize the San Francisco Museum and Historical Society for its grand efforts for a San Francisco History Museum. That organization had to change its nature to accomplish this difficult project. It was a strong organization offering lectures,

history walks, a newsletter, and scholarly journal. It had to do serious fund raising and hire staff for the museum effort while maintaining its original mission. Kudos to the San Francisco Historical Society for pursuing a dream while maintaining its original organization. I hope something good comes from this.

In a personal note, April is a special month for me. Friday, April 4, marks the fifth anniversary of my retirement. Thanks to Lee Appel for bringing me to my first SIRs Branch 4 meeting in May. Lee and my father were friends and I grew up with Lee's son Ron who is now a Branch 4 member. I missed the June meeting and joined in July. I've missed only one lunch meeting since then and I'm so glad I joined the group. I also want to thank Lloyd Rinde whose example during my working career improved my performance and whose advice now helps me be a better Big SIR.

LEAD AND INFLUENCE

Dan Tovar has three fantastic presentations that will energize you. He does this through his unique leadership style that connects with people. When you live a life of integrity, when you have a spirit of excellence, giving, serving, and treating people right, prosperity will chase you down and overtake you. The first presentation is called, "THE PLEDGE OF ALLEGIANCE." He talks about true leadership, character, and about you, America. The presentation is concluded with a story about hope. The second presentation is called, "WALKING WITH EXCELLENCE." My Story takes you on an epic journey about failure & success. It begins about a story of a little boy who dreams about leaving his mark. If significance is possible why not strive for it. You see life through his eyes. As a little boy, then a young man, a military man, a married man, a family man, and an entrepreneur.

Continued on page 2.

Bud Sandkulla, Little Sir



After putting the fear of a never ending drought into us, Mother Nature finally got tired of dishing out all those sunshiny days and brought on some much needed rain. Wow! What a relief and there's more rain in the forecast. All right! Bring it on! I don't mind getting rained out at golf, or the bocce ball court looking like a duck pond, causing another rain out. Let it rain and get us out of this dry spell we're in.

Even though the group that braved the Walk For Health hike at Oyster Point lucked out with a minimal amount of precipitation, we encountered a flooded parking lot. At first, I thought wow, did we get a lot of rain last night, but as I got closer, I realized the water was spilling over the marina's boat ramp. So what caused that? Was it (a) extremely high tide, (b) a freshet, (c) boat ramp sinking (d) global warming. I'm guessing it's all of the above. I also experienced this same situation in 1977 at the Redwood City Harbor boat ramp, when not only did the bay water rise over the top, but it flowed across the road and flooded out the Stanford University building that houses the boats and equipment for their crew racers. That was the first time I saw crew racing indoors. So, if this situation only happens every 37 years, should we (a) worry about the sea rising (b) build levees to protect against future flooding (c) build an Ark. I'm guessing it's all of the above.

By the time you read this I hope you remembered to set your clocks to Pacific Daylight Savings time. If you didn't, that's probably why you're one hour late.

Just in case you didn't remember, it's Spring Forward and Fall Back.

By the way, mark your calendars to save Wednesday December 3rd. You won't regret it. More to follow next month.

A Big Thank You to all the committee members that were there for the events I participated in during February.....Golf, Sharp Park and Poplar Creek, Bocce Ball, Wine Tasting, Cyber Class, Sewer Plant Tour, Walk 4 Health, Foghorn Mailing, Foghorn Editing, and all the others that volunteer to make our branch run smoothly. Thanks again for being there for us, you're the Greatest!!

Hurry up and get better Mike A.

HERE'S TO YOU!! HAPPY DAYS AND MANY MORE OF THEM!!!

Cont'd from page 1 LEAD AND INFLUENCE

You see and feel the extraordinary emotions of the human heart. The core values his mother and father instilled into him. These gifts would help develop his true calling. The foundation necessary for TRUE LEADERSHIP.

The third presentation is called, "I AM AN AMERICAN."

The presentation is about ordinary, and yet extraordinary men and women who never sought the lime light. These are the stories of humble Americans who left their mark and then faded away.

Organizations Dan is passionate about; Veteran Groups, Academic Youth Programs, Business & Professional Chapters, Toast Masters, Kiwanis, Lions, Non-Profit Groups, Rotary, and Employment Networking Groups.

Email: tovar.dan@gmail.com * 650-455-2220



Jack Major presented a well-earned prize to Bob Richter during the recent Poplar Creek golf tournament on February 18th who shot 77 on his 77th birthday. **Congratulations!!!**

On the right is Big Sir Paul Rosenberg presented a plaque of appreciation to Geoffrey Goodale for being the guest speaker last month luncheon. His topic was about Healthy Sleeping and Aging.



The Golfer

Tournament Schedules Branch 4

For Reservation
Please Call:

Jack Major
415 566 2243
Ken Reed
415 810 3832



A one-page summary of the local SIR golf rules has been published and is now available. Pick up a copy on the golf table or check the web site: <http://branch4.sirinc2.org/golf.html>.

2014 Sharp Park Tournaments are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The Tuesday March 11th **Sharp Park tournament** results were not available at press time, but are available on the golf web site above and will be available on the golf table.

Next Sharp Park Tournament: Tuesday April 8th, 2014 - first tee-off is 0930.

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first

Wednesday's lunch. There's **breakfast that starts at 0815**, so you want to get there early. At least, **check in one hour before your tee time**. The lineup will be sent out by email a few days before. Sharp Park fees are \$45 for green fees, cart, and breakfast, and prizes (\$4 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

2014 Poplar Creek Tournaments are scheduled for Tues 1/21, Tues 2/18, Wed 4/23, Tues 6/17, Wed 8/20, Tues 10/21, Wed 11/19, Tues 12/16. We have 10 tee times for 40 players starting at 1015.

No-shows without notification will require a **\$10 contribution** to the commissioner's pocket fund at the next tournament.

The February 18th **Poplar Creek tournament** results have been updated on the web site and copies were available on the golf table. No March tournament.

Next Poplar Creek Tournament: Wednesday April 23rd, first tee-off is 1015.

Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$14 per player double, \$19 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments:

Jim Smith, 650-871-8855, 430 Forest View Drive
South SF, CA 94080.

These tournaments are scheduled for Mondays starting in March. See the website or the golf table at the lunch. No bus trips this year, so arrange car pools if possible.



On **Monday April 28th**, **Skywest Golf Club**, 1401 Golf Course Road, Hayward 94541, 510-317-2300, hosts the next tee time tournament, starting at 0830. Get your \$50 payment/foursome requests to Jim by 10 days ahead.

Upcoming Away Trips – May 19th – Metropolitan – Oakland, June 30th – Shoreline Golf Links – Mountain View, July 28th Foxtail-South – Rohnert Park. Check the web site for updates!



From your Travel Chair, Wayne Veatch

My job as your Travel Chair is to see that you are aware of and encourage you to take advantage of travel offerings listed in SIR Happenings and offered by other Branches in Area 1. I do so by bringing flyers and reminding you to check the Travel link on our website, <http://branch4.sirinc2.org/>. As far as I am aware, no one in Branch 4 has ever signed up for any of those tours. If you have done so or do sign up for any of them, please send me an email or call me and let me know how it went: veatchlaw@gmail.com, 415-297-1807.

Meanwhile, many months ago, hoping to stimulate some travel activity, we began offering our own Branch 4 local tours - closer to home and not the time commitment of the State and Area 1 offerings. On the plus side, each has been a lot of fun and a great social event. On the minus side, of the 197 active members of Branch 4, pretty much the same 15 members sign up for these events. If you are not one of these "regulars", we encourage you to come along and bring your spouse or S.O., if you wish.

Our February tour was of the San Francisco Southeast Wastewater Treatment Plant on February 21. Our guide was great, the facility was very interesting and we topped it off with a tasty lunch nearby at La Laguna Mexican restaurant. Our tour for March, on Friday the 21st, was to the Hyde St. Pier, followed by lunch at Capurro's Restaurant then a tour of the Musée Mécanique on Pier 45. For April, on Friday the 11th, we'll take a ferry ride to Vallejo, visit the amazing Victory military surplus store and the Vallejo Naval and Historical Museum, both walking distance from the ferry, then have lunch - maybe a plate of ribs at Gracias! The ferry ride is an hour, \$13.00 round trip for seniors; the museum costs \$3 for seniors. For May, on Friday the 30th, we're planning to visit the Rosie the Riveter / WWII Home Front Park and Museum in Richmond, accessible by car or by BART and AC Transit (use your Senior Clipper Card). We're open to suggestions for June and planning a tour of Ecology's recycling plant for July 30. For each trip, we'll take signups at the meeting, or call or email me.

Bocce Ball—Harry Lieberman—Charlie Leach
Meets on Wednesday s at Doelger Senior Center
1st Wednesday 9:30—11:00
Other Wednesdays 10:00—12:00 (Wives Welcome)

Computer Club—Jerry Blumenthal (415) 728 5573
Meeting at 11:45 every 3rd Wednesday of the month at the Doelger Senior Center, Westlake, Daly City. All those interested in computers are welcome to attend.

Pinochle—George Samoulides (415) 564 5384
Games are on the 2nd & 4th Mondays of each month. All SIRs are invited to join in the fun. We start at 1:30pm. Call George for further information. Hope to see you there for some fellowship and fun.

Senior Tennis—Harry Lew (415) 333 2984
We play at Balboa Park on Mondays and Thursdays, from 10 AM-12 Noon; and at Glen Park on Wednesdays and Fridays from 10 AM to 12 Noon.
Call Harry for information.

SIR Happenings is now in its ninth year of publishing, and readership is growing. Enjoy reading SIR Happenings, the State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: sirinc.org. Badge #241

Rewards for Branch 4

When you make a purchase at Office Depot, give them the Rewards No.1738924784 and Branch 4 will get the credit. A win-win situation! This will help defray our monthly expenses.

Pull Tabs: Save your tab tops from aluminum cans and give them to Joe Sangiacomo or Walt Prawicki. They are for Ronald McDonald House. Walt Prawicki thanks all those who have supported this worthy cause.

In Memoriam:

Dick Futrell, Fomer Branch 25 Big Sir



Birthday Greetings
Jim Parsons, Chairman



STAN FALK, BOB FOX, ALBERT GARDI, JOHN GHIGLIERI, LEO JUAREZ, MIKE KELLER, ROGER KELLY, MIKE KERNS, WARREN LEE, TONY MAROTTO, GEORGE NORRIS, KEN REED, GEORGE STANIOTES.



Membership/Attendance
Bill Gipe, Chairman

Branch 4 thanks Henry Albert, Charles Hoenisch, Spiro Jouganatos, Lou Ravano, and Herman Scholz for annual & special contributions. Branch 4 thanks Jack Benjamin and John McGlothlin for missed meeting contributions.

Membership Statistics: Active

Membership Mar. 2014	195
Add 2 New Members	2
From Inactive to Active	0
Resignation/Moved	0
To: Inactive	1
Deceased	0
Total for April 2014	196
Total (Inactive) Revised	35



Branch 4 welcomed 2 new members. Walter Kay, and David Solomon sponsored by Sandor Halasz and Wayne Veatch respectively.

Read the Foghorn and look for your Badge #. If you see it, call Paul Rosenberg, Ken Reed, or George Rodriguez. You will get 5 free raffle tickets.

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So. San Francisco, CA 94080

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A Non-Profit Public Benefit Corporation
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tion of Independence and Dignity of
Retirement.

San Francisco Branch 4

