2014 Officers

Big Sir: Paul Rosenberg 415 751 9039

Little Sir: Bud Sandkulla 650 342 5004

Attendance & Membership Bill Gipe 650 878 5746

Secretary: Stuart Ruth 415 387 7176

Treasurer: Bob Golton 415 661 8280

Ex-Oficio: Ken Reed Region 5 Director: Bob Fox State President: Maynard Rodland

FOGHORN

Branch 4 Monthly Newsletter



Forthcoming Activities

Issue Month:

May 2014

George Rodriguez, Editor

Flor S. Mendoza, Asst. Editor

May 7th SIR Hobby Day

June 4th Klean Klutter Auction

July 3rd SIRs day at AT&T Park. SF Giant Vs St Louis Cardinals (Page 4)

August 20th (Wed) Picnic Day with Branch 91 at Grant Park down the Peninsula.

December 3rd (Wed) Holiday (Christmas) Party Seating capacity is limited. More details to follow. Make your reservation early.

LUNCHEON MENU:

MAY: Chicken Enchilada, House Salad w/Raspberry Vinaigrette, Flan, and Fruit Salad.



JUN: BBQ Steak, Caesar Salad, Shrimp Avocado Salad, Coffee Ice Cream with Biscotti

Note: Salad must be ordered one month in advance.

SONS IN RETIREMENT

A Luncheon Club promoting the Independence and Dignity of Retirement. Every friend is a potential member.

Meeting Date: May 7, 2014

Elks Lodge (650) 589 4030 ext. 17 Stonegate & Hillside Blvd. So. San Francisco, CA 94080

10:00AM Board Meeting 11:00AM Social-12:00 Lunch

Luncheon Speaker: To Be Announced Topic: To Be Announced

Editor's Note: George Rodriguez

Hello Branch 4:

The May meeting will be Hobby Day. Bring in some of your hobbies and put them on display. It's always fun to see what some of our members are into, and you may find a new hobby. We are well into spring and gearing up for summer. Time to get out and about. One good way is to join Ken and Wayne on their "Walk for Health," each month. There is a new walk in Pacifica. It is the Devil Slide Trail. Parking at both ends of the new tunnel. As seniors it is important to exercise, eat right, and keep a positive attitude.

One of Art Linkletters favorite quotes was, "laughter is the best medicine."

He was definitely right. If we all could laugh more we would be happier.

Let's make it a point to reach out to others, smile more, and keep a positive attitude. See you at the meeting! Bring a friend!





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Bud Sandkulla, Little Sir

One thing we, as seniors, have in common is reminiscing. With all the years of experiencing daily life, we have seen a lot of the "before" and "after". Museums typically show this effect by displaying exhibits of the good old days and comparing

that to present day. The Hyde Street Pier Visitor Center Museum has some very good examples of this. It is well worth the time to view their displays and dream a little by going back in time to see what it was like then.

Another worthwhile museum to visit is the San Mateo County History Museum in Redwood City. It is on the upcoming list of Wayne Veatch's Tours. Look for the information in the Foghorn. Make a fun day out of it by taking the Caltrain to Redwood City Station, then walking two blocks to the Historic Court House at 2200 Broadway. Recently I visited the museum to view the newly renovated display of 27 model ships. I not only found that interesting but there is also other attractions like the Rotunda, Courtroom, Mavericks, Land of Opportunity, Journey to Work, Living the California Dream, Nature's Bounty, Changing Gallery, Archives, and others. The variety of displays are sure to please all of us in one way or another.

Since the opening of the Tom Lantos Tunnels, on Highway 1 just south of Pacifica, San Mateo County recently completed the Devils Slide Park and Trail. At 1.3 miles long, it is easily walkable and offers interesting geological formations, marine life and ocean views, WW II bunker, and memories of the road that was frequently closed due to slides. This trail will be used in an upcoming Walk 4 Health event. Hope you can join Ken Reed on this one. Alright, it's never too early to remind you that, Wednesday December 3rd is our Holiday Luncheon. This is my first time coordinating an event like this, so, in order to make it successful I need you to be there. I know you will enjoy it.

Thanks again for all the great committee guys we have to run all the events offered to us. We are very fortunate and truly appreciate you.

HERE'S TO YOU!!
HAPPY DAYS AND MANY MORE OF THEM!!!

SIR HOBBY DAY

SHOW AND TELL MEETING On May 7th @ 11:00—1:30

Airplane models, hand made knives, running T-shirts, political pins, books, puzzles, stamps, post-cards, golf, sports collectibles, wine, trains, military clothing, hats, gardening, photography, automobiles, food, wine, art and more!



For Reservation
Please Call:
Jack Major
415 566 2243
Ken Reed
415 810 3832



A one-page summary of the **local SIR golf rules** has been published and is now available. Pick up a copy on the golf table or check the web site: http://branch4.sirinc2.org/golf.html.

2014 Sharp Park Tournaments are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The Tuesday April 8th **Sharp Park tournament** results were not available at press time, but are available on the golf web site above and will be will be available on the golf table.

Next Sharp Park Tournament: Tuesday May $13^{\rm th}$, 2014 - first tee-off is 0930.

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. There's **breakfast that starts at 0815**, so you want to get there early. At least, **check in one hour before your tee time.** The lineup will be sent out by email a few days before. Sharp Park fees are \$45 for green fees, cart, and breakfast, and prizes (\$4 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

2014 Poplar Creek Tournaments are scheduled for Tues 1/21, Tues 2/18, Wed 4/23, Tues 6/17, Wed 8/27, Tues 10/21, Wed 11/19, Tues 12/16. We have 10 tee times for 40 players starting at 1015.

No-shows without notification will require a \$10 contribution to the commissioner's pocket fund at the next tournament.

The April 23rd Poplar **Creek tournament** results have been updated on the web site and copies were available on the golf table. No March tournament.

Next Poplar Creek Tournament: Tuesday June $17^{\rm th}$, first tee-off is 1015.

Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$14 per player double, \$19 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments: Jim Smith, 650-871-8855,

430 Forest View Drive, South SF, CA 94080.

These tournaments are scheduled for Mondays starting in March. See the website or the golf table at the lunch. No bus trips this year, so arrange car pools if possible.

On Monday May 19th, Metropolitan Golf Club, 10051 Doolittle Dr., Oakland, 510-569-5555, hosts the next shotgun tournament, starting at 0830. Get your \$50 payment/foursome requests to Jim by 10 days ahead.

Upcoming Away Trips –June 30th – Shoreline Golf Links – Mountain View, July 28th Foxtail-South – Rohnert Park. Check the web site for updates!

From your Travel Chair, Wayne Veatch -

As I have said in each of my columns, I encourage you to take advantage of travel offerings listed in SIR Happenings and offered by other

Branches in Area 1. I bring flyers each month and remind you to check the Travel link on our website, http://branch4.sirinc2.org/ for details. If you do sign up for any of these tours, please send me an email or call me and let me know how it went: yeatchlaw@gmail.com, 415-297-1807.

We continue to offer our own Branch 4 local tours, which are closer to home and not the time commitment of the State and Area 1 offerings. We who go on these tours have a lot of fun and it's a great social event for you and your spouse. We hope you will join us.

For April, on Friday the 11th, 20 of us took a ferry ride from San Francisco to Vallejo, visited the amazing Victory military surplus store and the Vallejo Naval and Historical Museum, both walking distance from the ferry, then had lunch at Gracie's. For May, on Friday the 30th, we're planning to visit the Rosie the Riveter / WWII Home Front Park and Museum in Richmond, accessible by car or by BART and AC Transit (use your Senior Clipper Card). After lunch at the adjacent restaurant in the old Ford assembly plant, we'll visit to the SS Oak Victory ship, docked nearby at the foot of Canal St. in the Richmond Harbor. So far, we have 11 SIRs signed up and will take more signups at the May meeting.

June's tour will be to the San Mateo County Historical Museum, 2200 Broadway, Redwood City, June 20, a short walk from the CalTrain station. July's tour will be of the Recology Recycling facilities in San Francisco on Wednesday, July 30.

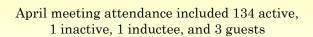
Birthday Greetings
Jim Parsons, Chairman

JOHN BELMONDO, PETER BENCHARSKY, CHARLIE BLAKE, JEFF

CHINN, ALEX CHRIST, ELMER ECKART, BUD FIELDS, LARRY HURLEY, RAY LANGLOIS, DAN MACHADO, STEVE MACHADO, HAYDEN NEAL, GARY NICHOLSON, RICH PALMER, PAUL ROSENBERG, ARNOLD SEARS, ANDY YNOSTROZA.

Membership & Attendance Bill Gipe, Chairman

Branch 4 thanks Alex Christ, Gilbert Goo, Jim Mayo, John McGlothlin, Walter Prawicki, and James Sawyer for missed meeting contributions.





Computer Club—Jerry Blumenthal (415) 728 5573

Meeting at 11:45 every 3rd Wednesday of the month at the Doelger Senior Center, Westlake, Daly City. All those interested in computers are welcome to attend.

Badge #204

<u>Pinochle</u>—George Samoulides (415) 564 5384) Games are on the 2nd & 4th Mondays of each month. All SIRs are invited to join in the fun. We start at 1:30pm. Call George for further information. Hope to see you there for some fellowship and fun.

<u>Senior Tennis</u>—Harry Lew (415) 333 2984 We play at Balboa Park on Mondays and Thursdays, from 10 AM-12 Noon; and at Glen Park on Wednesdays and Fridays from 10 AM to 12 Noon.

Call Harry for information.

<u>SIR Happenings</u> is now in its ninth year of publishing, and readership is growing. Enjoy reading SIR Happenings, the State Newsletter, and find out about all the fun things that are going on throughout our organization. You can easily find Happenings on the SIR State Website: sirinc.org.

<u>Pull Tabs</u>: Save your tab tops from aluminum cans and give them to Joe Sangiacomo or Walt Prawicki. They are for Ronald McDonald House. Walt Prawicki thanks all those who have supported this worthy cause.

Walk 4 Health—Ken Reed 415 810 3832

Meets on the last Friday of the month at a variety of locations at 9:45AM. The walks are scenic, fun and full of camaraderie. An email sent monthly as to the current location. Guests welcome.

Rewards for Branch 4

When you make a purchase at Office Depot, give them the Rewards No.1738924784 and Branch 4 well get the credit. A win-win situation! This will help defray our monthly expenses.

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Membership Statistics: Active

Membership Mar. 2014 195
Add 1 New Member 1
From Inactive to Active 0
Resignation/Moved 0
To: Inactive -1
Deceased -1
Total for April 2014 194

Total (Inactive) Revised

Branch 4 welcomes
Felix Evangelista
who was sponsored by
Harry Lew
at the April Meeting.

Richard Kim requested inactive list.

Read the Foghorn and look for your Badge #. If you see it, call Paul Rosenberg, Ken Reed, or George Rodriguez. You will get 5 free raffle tickets.

FIRST CLASS MAIL

Postage

POSTMASTER:

If undeliverable—Please return to:

Bill Gipe 2323 Galway Drive So. San Francisco, CA 94080

Address Label



A Non-Profit Public Benefit Corporation for Retired Men devoted to the Promotion of Independence and Dignity of Retirement.

 $San\ Francisco\ Branch\ 4$

