2014 Officers

Big Sir: Paul Rosenberg 415 751 9039

Little Sir: Bud Sandkulla 650 342 5004

Attendance & Membership Bill Gipe 650 878 5746

Secretary: Stuart Ruth 415 387 7176

Treasurer: Bob Golton 415 661 8280

Ex-Oficio: Ken Reed
Region 5 Director: Bob Fox
State President:
Maynard Rodland

LUNCHEON MENU:



AUG: Calamari Steak in lemon butter sauce. House Salad with Pesto Dressing, Cream Brule, Chef's Salad

SEP: BBQ Steak, House Salad with Italian Dressing, Strawberry Bread Pudding, Shrimp Louie Salad.

Note: Salad must be ordered one month in advance.

FOGHORN

Branch 4 Monthly Newsletter



SONS IN RETIREMENT

A Luncheon Club promoting the Independence and Dignity of Retirement. Every friend is a potential member.

Meeting Date: August 6, 2014

Elks Lodge (650) 589 4030 ext. 17 Stonegate & Hillside Blvd. So. San Francisco, CA 94080

10:00AM Board Meeting 11:00AM Social-12:00 Lunch

Speaker: Ken Baker

Topic: History of Fairmont Hotel



Issue Month: August 2014

George Rodriguez, Editor Flor S. Mendoza, Asst. Editor

Meet the Speaker

Ken Becker here, I am a native Californian raised right here in the Bay Area. How lucky can I be. Worked in the family business until 2002 when I decided to leave the business world and follow my heart. If I had a business card today it would read: Ken Becker, Volunteer following his heart. One of my volunteer jobs brings me here today. Since 2006 I have been a volunteer guide with San Francisco. I do a walking tour of both Nob Hill and the Fairmont Hotel. The armchair tour I am giving today were created because a blind friend of mine could not physically take by tours so I bought them to him in his home. For him there were no photos just my story belling. Today I bring my photos and story telling to you. I hope you enjoy this presentation as much as I enjoy bringing it you.



Paul Rosenberg, Big Sir

Our picnic with SIRs Branch 91 will be on Wednesday, August 20 from ten in the morning to 3 in the afternoon. Last month the flyer was included with the Fog Horn mailing. Please indicate on the bottom of the flyer whether you wish BARBECUED STEAK or a HALF ROASTED CHICKEN. Please mail your

selection and check to SIR BRANCH 4 to me by August 10. We need the time to organize our orders and get the volunteers ready. Please bring plates and silverware. We will be at Flood Park in Menlo Park in the Oak Shelter area. Join us early for Bocci ball and stay for bingo after lunch. Contact me if you want to volunteer. And please send your reservations before August 10!

Last month we had our first domino group activity following our luncheon in the game room at the back of the Elk's lodge. We were mostly learners but we enjoyed our games and will be back for more following our next lunch on August 6. If you are interested in joining us, stop by following our luncheon.

Our suggestion box had comments on the length of our luncheons. We will try to limit our speakers to twenty minutes and speed up our activity reports. Please continue to offer suggestions. There's always room for improvement. I invite also your suggestions for any activities that might interest you. If it interests you, then it will interest others.

We are always looking for new members. Bring a friend along to the next meeting and likely he will be joining us. If you would like help recruiting, let me know. We have extra Fog Horns and membership brochures. We are attempting outreach at the Doelger Senior Center. George Rodriguez had been in touch with Representative Jackie Spier about our fine organization. Thanks, George!

When we do have new members join us, we hope that all members welcome them and invite them to our activities. Maybe these new members can open new doors for us and bring us new activities.

Really, the most important thing is for all of us to enjoy our lunches and participate in the activities we enjoy. So, let me know directly or through the suggestion box how we can improve and how we can grow.

Thanks and I'll see you at lunch and at the picnic on August 20.

Bud Sandkulla, Little Sir

In June, my wife and I went to Tahoe for a get together with some family members, and especially a grandson that was on semester break from West Point. We get to see him on his next break in December. Something I noticed in Tahoe were the partially filled Casino's and their parking lots, and this was on a weekend. Must be the competition from the Indian Casino's.

The trip to the San Mateo Museum was well attended and very interesting. Many of us decided to use Cal-Train and l think it was a cost effective hassle free way to avoid the parking problem, plus a fun ride. After getting educated at the museum, we made our way to the Russian Family Restaurant, where we experienced, what else, Russian food. I heard mostly raves about the food, except l wanted "peroshki" but they don't make it anymore. At any rate, my second choice was very good and the owner comped Wayne and l each a shot of his special vodka. Continued on Page-3

PAGE 2 FOGHORN



A one-page summary of the local SIR golf rules has been published and is now available. Pick up a copy on the golf table or check the web site: http://branch4.sirinc2.org/golf.html.

2014 Sharp Park Tournaments are scheduled for the second Tuesday of the month, starting at 0930. Note: The November tournament is Wednesday 11/12, since Tuesday is Veterans Day, a holiday. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The Tuesday July 8th Sharp Park tournament results are available on the golf web site above and will be will be available on the golf table at the lunch

Next Sharp Park Tournament: Tuesday August 12th, 2014 - first tee-off is 0930.

SIR members and their guests are invited. Sign up for tournaments at the golf table at the first

Wednesday's lunch. There's **breakfast that starts at 0815**, so you want to get there early. At least, **check in one hour before your tee time.** The lineup will be sent out by email a few days before. Sharp Park fees are \$45 for green fees, cart, and breakfast, and prizes (\$4 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

2014 Poplar Creek Tournaments are scheduled for Tues 1/21, Tues 2/18, Wed 4/23, Tues 6/17, Wed 8/27, Tues 10/21, Wed 11/19, Tues 12/16. We have 10 tee times for 40 players starting at 1015.

No-shows without notification will require a \$10 contribution to the commissioner's pocket fund at the next tournament.

Next Poplar Creek Tournament: Wednesday August 27th, first tee-off is 1015.

Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$14 per player double, \$19 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments: Jim Smith 650-871-8855, 430 Forest View Drive, So. SF 94080

These tournaments are scheduled for Mondays starting in March. See the website or the golf table at the lunch. No bus trips this year, so arrange car pools if possible.



On Monday August 22nd, Skywest Golf Course, 1401 Golf Course Road, Hayward CA 94541, 510-317-2300

Hosts the tee time tournament, **starting at 0900**. Get your \$50 payment/foursome requests to Jim by 10 days ahead.

Upcoming Away Trips – September 22nd Foxtail-North, October 27th Sunnyvale, November 24th Crystal Springs. Check the web site for updates!

Ken Reed, chairman of the nominating committee presents the following candidates for the 2015 slate of new officers.

Big Sir Bud Sandkulla
Little Sir Hank Gomez
Treasurer Bob Golton
Secretary Asst. Sec Jack Major
Asst. Treas. George Fenech

David Nigel, The Educator

Our very own David Nigel of the Badge Men Committee, is continuously receiving honorary and recognition awards from his various professional affiliates. He is actively involved in many organization for a good cause. Below is a record of his accomplishments.



Boy Scouts of America

Cub Pack One, San Francisco California, Weblos Badge (highest achievable badge in Cub Scouts, 1949

Third National Jamboree, Santa Ana (Irvine), California, Troop 98 & Explorer Post 98, San Francisco, California 1953

First National Jamboree, Quezon City, Philippines Troop 1 & Explorer Post 2, Manila, Philippines 1954

Sea Scouts, Ship 2, Able Seaman Award, Manila Yacht Club,1956 Eagle Scout Award, Boy Scouts of the Philippines, March 1957 Eagle Scout Award, Boy Scouts of the America, March 1957

American School, Manila, Pasay City, Philippines

Member of the National Secondary High School Championship Basketball Team

Graduation, April 2, 1957

City College of San Francisco

Freshman Basketball Team Member

Awarded Associates of Arts Degree, AA, February 1960 Keynote speaker at Davies Hall, City College of San Francisco's 50th Anniversary observance

San Francisco State College (University)

Varsity Tennis Team 1960-1961

President, Student California Teachers' Association

Bachelor of Arts Degree - June 1963

California Elementary Life Teaching Credential – June 1963

Master of Arts Degree – June 1966

California Administrative Life Credential – June 1966

California Army National Guard, United States Army Sergeant First Class – E-7, August 1968

San Bruno Park School District

P.T.A. Honorary Life Service Award, Decima M. Allen School, 1968

Burlingame School District

P.T.A. Continuing Honorary Life Service Award, Franklin Elementary School, 1975

P.T.A. Continuing Honorary Life Service Award, McKinley Elementary School, 1979

P.T.A. Golden Oak Honorary Life Service Award, Franklin Elementary School, 1997

P.T.A. Golden Oak Honorary Life Service Award, Roosevelt Elementary School, 2001

Teacher of the Year Award, McKinley Elementary School, June 1991 Teacher of the Year Award, Burlingame School District, June 1991 Name Sports Field in my honor at retirement ceremony 2001—"Nigel Field"

San Mateo County Office of Education

County Teacher of the Year Award – Runner-up – June 1991 J. Russell Kent Award Recipient for innovative school program, McKinley School,

California Teachers' Association

President's Award, CTA Student Teachers Association, San Francisco State College, May 1962

President's Award, San Bruno Education Association – June 1969 President's Award, Burlingame Education Association – June 1991

Association of California School Administrators
Charter Member, San Mateo County Branch, 1971

California Schoolmasters' Club

President's Award

Honorary Life Member Award

Dr. Virgil S. Hollis, Distinguished Service Award

Fifty Year Membership and Distinguished Service Award, March 7, 2014

City of San Bruno

Appointed to the Parks and Recreation Commission, May 1970 – just completed 45 years of service

Appointed to the Bicycle and Pedestrian Advisory Committee (see P3)

<u>David Nigel</u>, The Educator (Continued from Page 2)

November 2002 – completed 12 years

San Bruno Lions Club Posy Parade participant 2002-to present time "Bike to Work Day" Peninsula Traffic Congestion Relief Alliance Proclamation – "Certificate of Recognition" April 11, 2005

<u>California Association of Park and Recreation Commissioners & Board Members</u>

President's Award, March 1979

Life Membership Award

Initial Recipient of the "Commissioner's Hall of Fame" Award, March 11, 2005

Lions Club International, Burlingame

Teacher of the Year Award, McKinley School – March 1992 Teacher of the Year Award, Roosevelt School – March 2001

San Mateo Elk, USA – Grand Lodge Order of Elks Distinguished Citizenship Award – March 16, 2011

Jewish Youth Athletic League

Assistant Boys Championship Basketball Team Coach, Peninsula Temple Sholom, 1971-1972

Head Basketball Coach Basketball Teams, Peninsula Temple Sholom, 1979 – 1984

Co-Commissioner, JYAL Basketball League 1985-1996 Entered into the U.C. Berkeley, Bancroft Archives and Research Library, League History, August 5, 2011

Peninsula Temple Sholom, Burlingame

Completed teaching responsibilities 45 years, May 2014 – "Holocaust"

Studies" and "Life Cycle Events"

Men's Brotherhood Club President 1978-1979

Member, Congregation Board of Trustees 1979-1986

Member of the Congregation Chorale 1986-to present time

Member of the Congregation History Committee

Head Usher for High Holy Days services 1980-2012

Chairman of the Food Drive Committee with collegial relationship with Burlingame's CALL Primrose food bank

Sons in Retirement - SIRS Club

Member since 2002

Badge Men Committee 2002 to present time

Little Sir (Continued from Page 1)

The "walk for health" in Sutro Forest brought back lots of memories when l lived right across the street on Stanyan and 17th. Those were grammar school days when my buddy and l would spend hours hiking around in the forest, never getting in trouble but always getting poison oak. That's when the forest was all trees, and now some of the trees have been replaced with roads, parking lots, houses and U C Hospital development. Even though we encountered 100 plus stairs and a steep section of trail it was well worth walking the 3 plus miles of muddy trail through the rain forest and challenging to keep up with Harry Lew.

Our 4th of July was spent with my son, daughter-in-law, and 10 year old grand-son. They drove up from Southern California and stayed with us for three days. Besides celebrating the 4th we had a pot-luck BBQ with 33 neighbors and friends, played golf (scramble) at Golden Gate Park, went to the S J Giants A Team baseball game and yea!!! they won! The seats are close to the field and unlike AT&T park l can actually see the ball and also get good seats without selling the farm. Try it sometime l think you might like it.

Don't forget the picnic on August 20th, it's your attendance that will make it successful and a good time for all. See you there.

Thanks again for all the great work our committee guys do for us, you are the best!

Get better soon Mike Abeyta, and hope to see you back on the golf course. Remember to keep your head down and follow through! HERE'S TO YOU!!

Membership & Attendance Bill Gipe, Chairman

Branch 4 thanks Jack Benjamin, Gilbert Goo, John Lombard, and Ford Long for missed meeting contribution.

July 2, 2014 meeting attendance was 117 active, 1 inactive





From your Travel Chair, Wayne Veatch

Our Branch 4 local tour for July was on the 30th, to Recology's San Francisco Solid Waste Transfer Station and Recycling Center. Very interesting insight into where your

garbage and recycling goes!

I missed the July meeting and will miss the August meeting as well. This time I'm not traveling but will be at White Stag Camp, a week-long camp adventure at Camp Robert Cole Boy Scout Camp in the Sierras. Immediately thereafter, I'm off on a driving tour to Vancouver, B.C., to see friends and bring a friend back to San Francisco by the coast. As I write this, in early June, before I leave on a month-long trip to Scotland and Ireland, my "seconds" are planning a local tour for August. It may be to the new Coit Tower murals. Listen to announcements in the meeting and sign up.

We hope you (and your spouse, S.O. or a friend) will join us on these local tours. We "regulars" for these tours have a lot of fun and look forward to you joining us.

Of course, I continue to encourage you to take advantage of travel offerings listed in SIR Happenings and offered by other Branches in Area 1. I bring flyers each month and remind you to check the Travel link on our website, http://branch4.sirinc2.org/ for details. If you do sign up for any of these tours, please send me an email or call me and let me know how it went: veatchlaw@gmail.com, 415-297-1807.



BIRTHDAY GREET-INGS



MIKE ABEYTA, RON APPEL, DON APPLETON,
DOUGLAS BISHOP, RICH CHANEY, STEVE FRANKS,
ED GIGLI, RON GIUFFRE, TERRY KIRCHOFF, RICH
MacDOUGALL, JACK MAJOR, BILL McCOY, VREJ
MEKHALIAN, LEONEL PARRA, LOU RAVANO, BILL
ROBLES, PETE ROOSAKOS, STAN SCHEIDLINGER,
BOB SCHOLTEN, TONE VAN ARKEL, BOB GARDNER,
MATTEO RIZZO

Membership	
Statistics:	Active
Membership June 2014	198
Add 1 New Members	0
From Inactive to Active	0
Resignation/Moved	-1
To: Inactive	-2
Deceased	
Total for July 2014	195
Total (Inactive) Revised	37



FIRST CLASS MAIL

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POSTMASTER:

If undeliverable—Please return to:

Bill Gipe 2323 Galway Drive So. San Francisco, CA 94080



A Non-Profit Public Benefit Corporation for Retired Men devoted to the Promotion of Independence and Dignity of Retirement.

San Francisco Branch 4

Address Label

Bocce Ball—Harry Lieberman—Charlie Leach Meets on Wednesdays at Doelger Senior Center 1st Wednesday 9:30—11:00 Other Wednesdays 10:00—12:00 (Wives Welcome)

Computer Club—Jerry Blumenthal (415) 728 5573

Meeting at 11:45 every 3rd Wednesday of the month at the Doelger Senior Center, Westlake, Daly City. All those interested in computers are welcome to attend.

Badge #081

Pinochle—George Samoulides (415) 564 5384)
Games are on the 2nd & 4th Mondays of each month. All
SIRs are invited to join in the fun. We start at 1:30pm.
Call George for further information. Hope to see you there
for some fellowship and fun.

<u>Pull Tabs</u>: Save your tab tops from aluminum cans and give them to Joe Sangiacomo or Walt Prawicki. They are for Ronald McDonald House. Walt Prawicki thanks all those who have supported this worthy cause.

<u>Senior Tennis</u>—Harry Lew (415) 333 2984 We play at Balboa Park on Mondays and Thursdays, from 10 AM-12 Noon; and at Glen Park on Wednesdays and Fridays from 10 AM to 12 Noon.

Call Harry for information.

<u>SIR Happenings:</u> The latest edition of SIR Happenings has just been posted on the SIR website:

http://sirinc.org/sirhappenings/

I hope you enjoy reading our latest edition. Don MacGregor, Editor, SIR Happenings.

Walk 4 Health—Ken Reed 415 810 3832

Meets on the last Friday of the month at a variety of locations at 9:45AM. The walks are scenic, fun and full of camaraderie. An email sent monthly as to the current location. Guests welcome.

DOMINO GROUP, Chairman Frank Moriconi

Join us after lunch meeting at the Game Room, Elks Lodge, and play an hour and a half.. Call 415 931 7127

Rewards for Branch 4

When you make a purchase at Office Depot, give them the Rewards No.1738924784 and Branch 4 well get the credit. A win-win situation! This will help defray our monthly expenses

Forthcoming Activities

August 20th (Wed)
Picnic Day with Branch 91 at Flood Park, at the Oak Site
215 Bay Road, Menlo Park, CA 94025 down the Peninsula

December 3rd (Wed)
Holiday (Christmas) Party Reservation Slip will follow.