### 2015 Officers

Big Sir: Bud Sandkulla 650 342 5004

Little Sir: Henry "Hank" Gomez 415 333 5615

Attendance & Membership William "Bill" Gipe 650 878 5746

Secretary: Paul Rosenberg 415 751 9039

**Treasurer:** Bob Golton 415 661 8280

Ex-Oficio: Paul Rosenberg

**Region 5 Director: Bob Fox** State President:

**Bob** Hairston

### **LUNCHEON MENU:**

Jul: Chicken Champignon, Salad with 1000 **Dressing Fruit Upside** down Cake, Fish & Chips w/ Cole-

slaw. Aug: Calamari Steak, House

Salad with Raspberry Dressing, Orange Sherbet, Chef's Salad

Sep: BBQ Steak, House Salad with Italian Dressing, Apple Pie Shrimp Salad.

Note: Salad must be ordered one month in advance.

#### Branch 4 FOGHORN Monthly Newsletter



# SONS IN RETIREMENT

A Luncheon Club promoting the Independence and Dignity of Retirement. Every friend is a potential member. Meeting Date: July 1, 2015

> Elks Lodge (650) 589 4030 ext. 17 Stonegate & Hillside Blvd. So. San Francisco, CA 94080

**10:00AM Board Meeting** 11:00AM Social-12:00 Lunch

Speaker: Walt & Liz Wilson Topic: Life in North Korea



Issue Month: July 2015 George Rodriguez, Editor Flor S. Mendoza, Asst. Editor

## **Forthcoming Activities**

August 19th (Wed) Picnic Day with Branch 91 at Flood Park, at the "Oak Shelter Area" 215 Bay Road Menlo Park, CA 94025 down the Peninsula.

New & special BBQ menu will be served. Don't miss.

(See Page 4 for details)

Holiday Luncheon By Hank Gomez. Little Sir Date and place to be determined



Seating capacity is limited. Reserve early.



# Bud Sandkulla, Big Sir

Since the first of the year, I have been asking you to save a date in August for our 2nd Annual Picnic with Branch 91. Now that half the year is over, it's time to get

real serious about signing up for this fun event. Check out the enclosed flyer for all the information as to the time, location, directions, cost, etc. And now would be a good time to send me the \$25.00 per person with each individuals name and phone number included to: Bud Sandkulla 1230- Cortez Avenue Burlingame CA 94010 . This event is an invite to SIR Branch 4 members, wives, and guests. You will need to bring your own plates, fork and knife. There are plenty of picnic tables and shade but you might want to include a table cloth, sunscreen and hat since there is typically plenty of sunshine this time of year. As I have said before, I "Guarantee" you will have a good time! Of course, that will only be possible if you show up! Hope to see you there!

Don't forget to invite a guest to one of our monthly lunches, or activities,

who knows they might enjoy our group and want to join.

HERE'S TO YOU!!!!! HAPPY DAYS AND MANY MORE OF THEM!!!!!

### MEET OUR SPEAKERS

Walt and Liz Wilson traveled to North Korea in July 2014 as members of the first group of American tourists on a tour organized by an American company. The Democratic Republic of Korea is the most secretive and antagonistic country in the world. ruled by an oppressive, and sometimes violent, family dynasty since the end of World War II, all news is filtered by the North Korea authorities. Although frequently in the news, Western journalists have little access and freedom of movement. Liz and Walt will share their experiences and their DVD of their adventure into the hear of North Korea with us.



Little Sir: Secretary: Treasurer:

Paul Rosenberg **Bob** Golton



#### PAGE 2

### FOGHORN





### Travel Chair, Wayne Veatch -

Our local tour for June, on Friday June 19, was a BART run to the International Terminal of SFO and a visit to the SFO Museum in the terminal. We saw many fascinating exhibits in

this world-class museum and had lunch there after. In response to your requests for another brewery tour, and because Anchor now makes group tours difficult to book and expensive, I have us booked us for a tour of Drake's Brewery in San Leandro on Friday, July 24 at 1:00 PM. It's an easy connection via BART and AC Transit. We'll take a count of interested persons at the July 1 meeting – 10 persons max - and Jack Major will send an email blast reminding you of the trip. We're open to your suggestions for future trips and welcome you to attend the Executive Committee meeting at 10:00 in the back room and make your suggestions.

Remember we have new Activity Groups forming to focus on Travel for Couples, Theater/Movies and Genealogy (contact me for these), Pool (contact Terry Kirchhoff), Amateur Radio (contact Claude Blakeslee), and Model Railroading (contact Bob Fox). Movies works well to meet on \$7 senior discount Mondays at the Century 20 in Daly City. Free parking.

Meanwhile, I hope you will look at the travel offerings listed in SIR Happenings and offered by other Branches in Area 1. Check the <u>Area 1 Travel and Activities</u> link on our website, <u>http://branch4.sirinc2.org/</u> for details. (Thanks to Jack for keeping this website and these links up to date.) If you do take any of these tours, please send me an email or call me and let me know how it went: <u>veatchlaw@gmail.com</u>, 415-297-1807.



# **BIRTHDAY GREETINGS** George Suter, Chairman

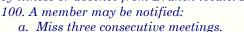


Branch 4's July birthdays include

Gil Aldrete, Jerry Blumenthal, Wm. Cooper, Jere Driscoll, Nick Fesunoff, Hank Gomez, Al Herpe, Bud Howard, Charley Leach, Bill Leisering, Chris Manitsas, Dennis Meixner, Tony Ramirez, George Rodriguez, and Wayne Veatch.

### Bill Gipe, Chairman <u>Membership & Attendance</u>

SIR Rules: Rule 60. Members are obligated to attend all regular luncheon meetings unless prevented by illness or absence from Branch locale. Rule



b. Did not attend one-half of regular lunch meetings in previous year.

Branch 4 thanks Marios Stathopoulos for special/annual contribution and Peter Roosakos for missed meeting contribution credited at June meeting. Please note that member contributions enable Branch 4 to pay branch expenses, which include state assessment, Foghorn newsletter & postage, and Elk's bar fee.



A one-page summary of the **local SIR golf rules** has been published and is now available. Pick up a copy on the golf table or check the web site: <u>http://branch4.sirinc2.org/</u> <u>golf.html</u>.

**2015** Sharp Park Tournaments are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The Tuesday June 9th **Sharp Park tournament** results are available on the golf web site above and will be will be available on the golf table at the lunch.

Next Sharp Park Tournament: Tuesday July 14<sup>th</sup>, 2015 - first tee-off is 0930. SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. There's **breakfast that starts at** 0815, so you want to get there early. At least, **check in one hour before your tee time.** The lineup will be sent out by email a few days before. Sharp Park fees are \$46 for green fees, cart, and breakfast, and prizes (\$4 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

**2015 Poplar Creek Tournaments** are scheduled for Tues 2/17, Wed 4/29, Tues 6/30, Tues 8/18, Tues 10/20, Wed 11/18, and Tues 12/15. We have 10 tee times for 40 players starting at 1015.

No-shows without notification will require a \$10 contribution to the commissioner's pocket fund at the next tournament.

The Tuesday June 30th **Poplar Creek tournament** results are available on the golf web site above and will be will be available on the golf table at the lunch.

Next Poplar Creek Tournament: Tuesday August 18<sup>th</sup> first tee-off is 1015.

Sign up at the golf table or call Jack or Ken. Green (\$30) and prize fees (\$7) are \$37; optional cart fees are \$14 per player double, \$19 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments: Jim Smith, 650-871-8855 430 Forest View Drive South SF, CA 94080.



These tournaments are scheduled for Mondays starting in March. See the website or the

golf table at the lunch. No bus trips this year, so arrange car pools if possible.

**Upcoming Away Trips** – Monday July 27<sup>th</sup> State Individual – Santa Clara, August 31<sup>st</sup> – Shoreline Golf Links, September 28<sup>th</sup> – Skywest Golf Course.

Check the web site for updates!

### FOGHORN

### Independence Day By George Rodriguez

On July 4<sup>th</sup> 1776 the Continental Congress signed the Declaration of Independence. Thomas Jefferson was considered the author of this declaration. Six months had elapsed since COMMON SENSE brought the issue front and



center.With simple uncontrived eloquence, Jefferson provided justification for a revolution because of all the oppression the colonies had been under. Through the declaration, the goal the new nation set for itself was the salvation and spread of human rights. Here was the vindication for those who wished a real American Revolution that would sweep out the worst of the old politics and usher in a truly new day. The speech John Adams gave to the Congress before the vote, helped to push the Congress to unanimity. Of this speech, Jefferson said that Adams addressed his colleagues " with a power of thought and expression, that moved us from our seats."



"This day will be the most memorable in the history of America. I am apt to believe that it will be celebrated by succeeding generations as the great anniversary festival. It ought to be commemorated as the day of deliverance, by solemn acts of devotion to God Almighty."

### John Adams

Historians have long disputed whether Congress actually signed the Declaration of Independence on July 4, even though Thomas Jefferson, John Adams, and <u>Benjamin</u> <u>Franklin</u> all later wrote that they had signed it on that day. Most historians have concluded that the Declaration was signed nearly a month after its adoption, on August 2, 1776, and not on July 4 as is commonly believed.

Coincidentally, both John Adams and Thomas Jefferson, the only signers of the Declaration of Independence later to serve as <u>Presidents of the United States</u>, died on the same day: July 4, 1826, which was the 50th anniversary of the Declaration. Although not a signer of the Declaration of Independence, but another <u>Founding Father</u> who became a President, <u>James Monroe</u>, died on July 4, 1831, thus becoming the third President in a row who died on the holiday. <u>Calvin Coolidge</u>, the 30th President, was born on July 4, 1872, and, so far, is the only U.S. President to have been born on Independence Day.

#### **Other countries**

The Philippines celebrates July 4 as its <u>Republic Day</u> to commemorate that day in 1946 when it ceased to be a <u>U.S. territory</u> and the United States officially recognized <u>Philippine</u> <u>Independence</u>. July 4 was intentionally chosen by the United States because it corresponds to its Independence Day, and this day was observed in the Philippines as <u>Independence</u> <u>Day</u> until 1962. In 1964, the name of the July 4 holiday was changed to Republic Day. In Rwanda, July 4 is an official holiday known as <u>Liberation Day</u>, commemorating the end of the <u>1994 Rwandan Genocide</u> in which the U.S. government also played a role. Denmark also celebrates American Independence on the 4th of July. National parks in Denmark are said to hold the largest 4 July celebrations outside of the United States. **Bocce Ball**—Harry Lieberman—Charlie Leach Meets on Wednesdays at Doelger Senior Center 1st Wednesday 9:30—11:00 Other Wednesdays 10:00—12:00 (Wives Welcome)

<u>Computer Club</u>—Jerry Blumenthal (415) 728 5573 Meeting at 11:45 every 3rd Wednesday of the month at the Doelger Senior Center, Westlake, Daly City. All those interested in computers are welcome to attend.

**<u>Pinochle</u>**—George Samoulides (415) 564 5384) Games are on the 2nd & 4th Mondays of each month. All SIRs are invited to join in the fun. We start at 1:30pm. Call George for further information. Hope to see you there for some fellowship and fun.

**Pull Tabs:** Save your tab tops from aluminum cans and give them to Joe Sangiacomo or Walt Prawicki. They are for Ronald McDonald House. Walt Prawicki thanks all those who have supported this worthy cause.

<u>Senior Tennis</u>— Kristian Nergaard (415) 932 6345. We play at Balboa Park on Mondays, Wednesdays, Thursdays and Fridays from10 AM-12 Noon. Please call Kristian for more information. Email nergaard@comcast.net

<u>SIR Happenings:</u> The latest edition of SIR Happenings has just been posted on the SIR website: <u>http://sirinc.org/sirhappenings/</u>

> I hope you enjoy reading our latest edition. Don MacGregor, Editor, SIR Happenings.

Walk 4 Health—Ken Reed 415 810 3832Meets on the last Friday of the month at a variety oflocations at 9:45AM. The walks are scenic, fun and fullof camaraderie. An email sent monthly as to the cur-rent location. Guests welcome.Badge 128

#### **DOMINO GROUP, Chairman Frank Moriconi**

Join us after lunch meeting at the Game Room, Elks Lodge, and play an hour and a half.. Call 415 931 7127

Membership June 2015 Add: New Members From Inactive to Active Resignation/Moved	Active 158 0 0	Sunshine Report Branch 4 wishes a return for health and speedy recov- ery to the following: Bert Dormann, Mike Cam- pusano, Tom Lenes, Harry Lieberman.
To: Inactive Deceased Total for Jul y 2015 Total (Inactive)	$0\\0\\183\\44$	In Memoriam Branch 4 remembers Hayden Neal and HLM Emeritus Sam Riskin.

Read the Foghorn and look for your Badge #. If you see it, call Paul Rosenberg, Ken Reed, or George Rodriguez. You will get 5 free raffle tickets.

# FIRST CLASS MAIL

POSTMASTER: If undeliverable—Please return to:

Bill Gipe 2323 Galway Drive So. San Francisco, CA 94080

Address Label



A Non-Profit Public Benefit Corporation for Retired Men devoted to the Promotion of Independence and Dignity of Retirement.

San Francisco Branch 4

Tear Off



Branches 4 & 91 - 2nd Annual Picnic BBQ Catered by *Rawlings' Barbecue* (\$25.00 per person)

Wednesdy, August 19th Flood Park, Menlo Park We will be at the "Oak Shelter" Area- From 10am to 3pm PLEASE BRING YOUR OWN PLATES AND UTENSILS

Tear Off

Postage

Danish, donuts, and coffee at 10am Bocce Ball Tournament starts shortly afterward Sepo (Peruvian Coin Toss Game) also starts shortly after arrival.

Lunch includes smoked pork (babyback) ribs, smoked pulled pork, smoked turkey breast, baked Beans, coleslaw, potato salad, rolls and butter, and cake for dessert. Also includes beer, Wine, soft drinks and water. After lunch, Bingo and Raffle Prizes will follow.

Please complete your reservation with your check for \$25 per person payable to SIR Branch 4 no later than August 7, 2015. Print your names and return with a check to: Bud Sandkulla, 1230 Cortez Avenue, Burlingame, CA 94010-4859 (Questions? - 650 342 5004) Name

Direction: From the North: Take US 101 - South, Exit No. 406 for CA-84 E/Marsh Rd., (Dumbarton Bridge) turn right into Marsh Rd, go .5 mile, turn left onto Bay Rd, go .7 mile, Flood Park on your left.

<u>From the South</u>: Take US 101 - North, Exit 404B for Willow Rd-West, take the Cloverleaf onto the overpass. Go .2 mile, turn right onto Bay Rd, go 1.3 miles, Flood Park will be on your right.

Note: Turn into the entrance and park near one of the two short walkways leading into the Oak Shelter Area.