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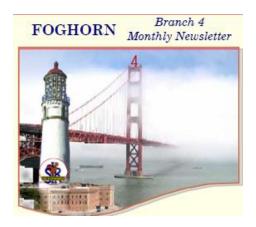
Luncheon Menu

October Menu: Roast Beef with AuJus, Caesar Salad, Blueberry Streudel, Tuna Melt with Curly Fries.

November Menu: Turkey with Stuffing and Mashed Potatoes, Pomegranate Dressing Salad, Pumpkin Pie, BBQ Pork Sandwich with French Fries

Big SIR Jerry Blumenthal Recruitment of New SIRs

Calling All Members! Calling All Members! Be on the lookout for potential new SIRs. Do you know men who might be interested in joining SIRs Branch 4? Does your wife know ladies who would like to get their husband out of the house, so the ladies can get together and go out for lunch by Do you know themselves? someone who is about to or recently retired? Do you have friends who like to play golf, bocce ball, take group trips, or any of our other activities? Give them the opportunity to join us and become our friends, too. Contact Bill Gipe to get any information you need to answer any questions and get the ball rolling. Let Bill know if you are going to invite someone to lunch, so he can meet and welcome them. Don't forget the suggestion box if you have any ideas to improve our meetings or new activities that you would like to see.



Happy Birthday United States Navy



Fly your Flag!



Happy Halloween! October Trivia

On October 1st, 1908 Henry Ford introduced the first Model T automobile on October 3rd, 1863

President Abraham Lincoln issued a proclamation that the last Thursday in November be the National Day of Thanksgiving.

On October 19, 1781 the Revolutionary War ended.

God Bless America



October 2016 Issue
Meeting October 5th
Next meeting November 2nd

Little Sir John McGlothlin

Thoughts from Little SIR

There continues to be a great discussion deal of about increasing Branch 4's membership and I want to echo the Big SIR's comments about inviting a friend to our lunches and activities. Another way we can attract new members is by continuing our successful luncheons and activities. When our visitors see us enjoying ourselves, this is our best advertisement! Much of the work to accomplish this occurs through our committees and board and we are always looking for SIR's able and willing to add ideas and energy. This is also a good way for you to test the waters to see if you are interested in taking a more active role as an activity chair, board member, or officer. So many things occur behind the scenes, that members may not always be aware of the time and effort that goes on. Also, our needs change.

(continued)

(Little SIR (continued)

For example, the board has been discussing the need to make greater (OK any!) use of social media such as Facebook to expand how we communicate and make information available prospective members and members. The board would benefit from the advice of someone who actually uses Facebook publicize a business or organization. It is possible there are other, better and newer vehicles for communicating that we don't know about.

If you appreciate an activity such Travel, Golf, Speakers, Recognizing Member milestones such as birthdays, publishing our Newsletter, Statewide SIR events, understanding technology, conducting our Raffle, there are opportunities to help ranging from collecting information, contributing ideas, representing our Branch to chairing an activity. In other words, the job can fit your level of interest and availability.

Branch 4 sends greetings to Bud Fields, Ford Long, Don Nuti, Ernie Pead, Walt Prawicki, Antoon Van Arkel, Andy Ynostroza, and all with challenges these days.

Two new members #11 Ed Arce (sponsored by Al Ramon) and #12 Bob Pardini (from Sunset Beacon) are welcomed to Branch 4. Ed is a retired SFFD Battalion Chief, and Bob is retired City & County, SFPD.

Membership total is 155 (including Super Seniors over age 95). The September 7 meeting attendance totaled 90 members and 2 guests. Mike Bykoff and Mike Fujimoto were guests of Bud Sandkulla & Stu Ruth. Remember to invite retired friends who might be interested in Branch 4 lunch & activities.

Sunshine List

Branch 4 sends greetings to Bud Fields, Ford Long, Don Nuti, Ernie Pead, Walt Prawicki, Antoon Van Arkel, Andy Ynostroza, and all with challenges these days.

Golf: Jack Major 415-566-2243, Ken Reed 415-810-3832, and Jim Smith 650-871-8855

A one-page summary of the **local SIR golf rules** has been published and is now available. Pick up a copy on the golf table or check the website:

http://branch4.sirinc2.org/golf.ht ml.

The 2016 Sharp Park Tournaments are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups.

The Tuesday September 13th Sharp Park tournament results are available on the golf web site above and will be will be available on the golf table at the lunch. The weather was delightful, and the course was in good condition, except for 14 and 16 which had a tundra-like fairways. A few other fairways were dried out and bare, maybe due to the reclaimed water pipe repairs.

Next Sharp Park Tournament: Tuesday October 11th, 2016 first tee-off is 0930. SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. There's breakfast that starts at 0815, so you want to get there early. At least, check in one hour before your tee time. The lineup will be sent out by email a few days before. Sharp Park fees are \$46 for green fees, cart, and breakfast, and prizes (\$4 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

The **2016 Poplar Creek Tournaments** are scheduled for Tues 2/16, Tues 4/19, Tues 6/21, Wed 8/24, Tues 10/18, Wed 11/16, and Wed 12/14. Tee times start at 1015 with a 40 player limit. **Noshows without notification** will require a **\$10 contribution** to the commissioner's pocket fund at the next tournament.

Next Poplar Creek Tournament: Tuesday October 18th first tee-off is 1015. Sign up at the golf table or call Jack or Ken. Green (\$33) and prize fees (\$7) are \$40 as of 1/1/16; optional cart fees are \$14 per player double, \$19 single, payable at the Pro Shop.

Badge # 16

SIR Area 4 Away Golf Tournaments: The next 2016 Away Tournament is to be determined. The last one was held Wednesday September 21th at 1000, at Chuck Corica Golf Complex (Earl Fry course). The results were not in at press time. Make future tournament checks out to SIR Branch 4 Golf and send check to:

Jim Smith, 430 Forest View Drive. South SanFrancisco, CA 94080.

SIR Activities

Bocce Ball

Charlie Leach
Meet on Wednesdays at the
Doelger Senior Center
1st Wednesday 9:30 to 11AM
Other Wednesdays
10AM -12 noon

Computer Club

Jerry Blumenthal Meets every 3rd Wednesday at the Doelger Senior Ctr. 11:45 AM All those interested in computers are welcome.

Pinochle

George Samoulides
Games are on the 2nd and 4th
Mondays of each month. All SIR's
are invited to join in the fun. Call
George for further information.
Hope to see you there for some
fellowship and fun

Walk for Health – Ken Reed Meets on the last Friday of the month at a variety of locations at 9:45 AM. The walks are scenic, fun, and full of camaraderie. An email sent monthly as to the current location. Guests welcome

Sir Happenings

The latest edition of SIR
Happenings has just been posted
on the SIR website:
http://sirinc.org/sirhappenings/I
hope you enjoy reading our latest
edition. **Don MacGregor**, editor:

Birthday Greetings George Suter(Chairman)

Branch 4 remembers the October birthdays of John Gehring, Dan Herran, Robin Jaquith, and Stu Ruth

Staff Photographer

If you like to take pictures, we need someone to take pictures at our luncheons and special functions. We need only a few pictures a month. Please let the editor know. Thank You!

Entertainers

If you would like to perform at our annual Christmas Function, or maybe a guest of yours would like to entertain, please let our Little SIR know. We need any entertainers. They could dancers, singers, musicians, or other form of some entertainment. They will have fun, guaranteed! There is no need to worry about "The GONG", we got rid of it. Our functions are always fun, so please join in. Thank You!

Pull Tabs

Save the pull tabs from aluminum cans and give them to Walt Prawicki or Joe Sangiacomo. They are for Ronald McDonald House. Joe and Walt thank all those who have supported this worthy cause.

From your Travel and Recruitment Chair, Bill Gipe

On Thursday October 20, Al Herpe has invited SIR Branch 4 & guests to tour the S.S. Jeremiah O'Brien Liberty Ship berthed at Pier 45. Al Herpe volunteers at the ship and will arrange for special lunch in the ship's galley. Senior admission is \$10.

Details and sign up sheet will be at the October meeting.

Volunteers One area where we need a volunteer is the Away Golf Tournament. Golf is one of the most important activities of our organization, and it would be great if one of our members would step up to the plate. This is an activity we should not lose.

Badge Number

Look for your badge number in the Fog Horn, if you find it you get 5 free tickets for the raffle.

More Halloween Trivia

One of most poignant pagan celebrations was Samhain "Sow-en,") (pronounced Celtic holiday, which marked the end of the harvest and the end of summer. Samhain is sometimes also regarded as the "Celtic New Year." believed this was a very important day to celebrate, as this was the day when two worlds, the living and the dead, came together. Spirits were believed to be mischievous and caused trouble. sometimes damaging crops

October Speaker

Larry Wray

Larry is a retired Aerospace executive whose career spanned 37 years working in both government and space After separating programs. following from the Navy service in the Vietnam War, he was hired by General Dynamics in San Diego in 1977 where he worked for five years helping to what became the develop Tomahawk cruise missile (now a mainstay of the fleet), Until his retirement in 2014, he helped build and launch over 100 satellites for commercial companies including DirecTV, Sirius-XM Radio and Intelsat as well as NASA. In addition to experience in satellite integration and test, he worked in marketing and program management including assignment to oversee satellite production in Cannes, France. The last ten years of his career he was Vice President of Product Assurance (basically quality and reliability). During those years, commercial satellites doubled in size and complexity while increasing in reliability and lifespan.

Alaska Cruise

My wife and I just returned from a 10 day cruise to Alaska, the inside passage . The scenery was beautiful, and breathtaking. The beauty of the glaciers was beyond words, like looking at giant jewels. Princess cruises do pamper you. They really go out of their way to make you happy. Now back to reality ugh! I have to go now, to shop, there's no food in the house? That's after we finish our chores! Editor

POSTMASTER

First Class Mail

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So. SanFrancisco, CA 94080



A Non-Profit Public Benefit Corporation for Retired Men devoted to the Promotion of Independence and Dignity of Retirement.

San Francisco Branch 4