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Luncheon Menu

April; Encrusted Basa Fish w/
Mango Salsa, Cream Italian Salad,
Apple Pie. Chicken Sandwich w/
Potato Salad.

May: Beef Enchilada, House Salad
with Raspberry Vinaigrette, Vanilla
Flan. Fruit Salad with Yogurt and
Granola

Big SIR - John McGlothlin

Help Wanted!!

Occasionally, I plan on writing about positions we need to fill. We have several including; Little SIR for 2018, Travel, Recruiting, Member Services and Activities. Each one makes important contributions.

For April, I want to bring attention to a new position our State Leadership has asked us to fill – Activities.

A feature of this position is it is new. Our first Activities Coordinator will have a say, along with the Chairs of our activities, in what this position does and how it works with our activity chairs.

Our State leadership designed the position to represent the activities at Board meetings and work with Chairs in local branches to make sure information about travel opportunities and other activities such as the annual barbecue and state and area golf tournaments is sent back and forth between branches and publicized. The State also needs a point of contact to refer questions to.



Our Activity Chairs participate at board meetings and this is important. At the same time, having a Coordinator could allow the activity chairs more time to mingle before our lunches and promote activities. It will be important for the activity chairs and the new activities coordinator work together to define the coordinator role.

Occasionally, SIRs have ideas for new activities (for example, several branches have launched Pedro groups) and the Activities Coordinator may be the person who helps them work with the board, or even other branches, to launch an activity. The Coordinator will have an important role in determining how this happens. In other words, becoming Activities Coordinator is like being an artist with a blank canvas.

The picture that results will reflect both your ideas and those of other SIRs you work with.



God Bless America



April 2017 Issue

Meeting: April 5th 2017

Next meeting: May 3rd

Meet our Speaker:

Steve Burchik

“Compass and a Camera”

With a compass to direct him in his job as a forward observer and a personal camera to document his experiences—and keep him connected to his creative side—Vietnam veteran Steven Burchik was lucky enough to make it home and years later decided to write about the most challenging year of his life.

Like any experience, his year spent with the First Infantry Division stationed in the rice paddies near Saigon included good times as well as bad. He candidly recalls how, although he believed communism to be a serious threat in the world, he soon learned that a guerilla war is a difficult one to fight, and survival rather than victory quickly became his focus. But he also remembers the exhilaration of helicopter rides over serpentine rivers and the time he introduced village kids to a gumball machine.

A unique memoir of the war, this presentation pulls not only from Burchik's memories, but also from the daily letters he wrote to his fiancée (she kept every one) and includes numerous photographs.

Little Sir - George Suter

At the San Francisco Police Academy last month, I was surprised when a young, fresh-faced cadet stepped up to me with a big smile and said "Do you belong to SIR? My grandpa belongs to that too" - he had spotted the proud rooster on my cap - but GRANDPA really?

Observing my grandkids' latest crazy behavior, something vaguely familiar tickles the back of my memory, and then comes tumbling out: I was just like them when I was a kid! - sometimes even worse. How did I not remember my pre-teen self when I was judging them?

Fellow SIR grandfathers, you and I are lucky. When we were fathers of young children, we felt obliged to teach them - to let them know the standards of behavior and encourage them forcefully to live up to them. Communication went pretty much one way - from us to them. But we don't have to do that now with these grandkids.

We can slow things down. We already know they won't sit still for "advice". To interact with them, we can choose to take a different approach. Given time together, these kids may risk telling you about themselves. If their ideas seem naïve, unrealistic, you're not required to set them straight. It doesn't feel like doing anything, but there may be a reason we're still here; even those smart know-it-all grandkids are pretty funny, and I've gotten some of my best reading suggestions from my 17-year old granddaughter, in addition to privileged access to a world that we can barely imagine - the place where they live.

Membership Report

Branch 4 thanks all SIR members who have paid their annual dues. It's not too late to contribute for Branch 2017 operations.

The March 2 luncheon attendance was 73 members plus 2 guests.

Branch membership total is 119 + 8 Super Seniors (over 95 yrs).

Please remember the handy SIR wallet cards available at our Badge Table. Why not give the SIR card to a friend who might be interested? Extra copies of the Foghorn are available there. An extra Foghorn newsletter helps explain what SIR Branch 4 offers local retirees.

Sunshine List

Branch 4 sends greetings to Julio Apodaca, Bob Bowen, Bob D'Elia, Bud Fields, Don Nuti, Ernie Pead, Hank Prawicki, Antoon Van Arkel, Ted Wright, Andy Ynostroza, and all those with challenges.

Some SIR members are going inactive because of health issues. Branch 4 hopes to see them soon.

Birthday Greetings

Branch 4 remembers the SIR April birthdays of

Stan Falk, Bob Fox, John Ghiglieri, Mike Keller, Roger Kelly, Tony Marotto, Aldo Ramon, and Ken Reed.



Golf News

Jack Major 415-566-2243, Ken Reed 415-810-3832, and Jim Smith 650-871-8855

A one-page summary of the **local SIR golf rules** has been published and is now available. Pick up a copy on the golf table or check the website: <http://branch4.sirinc2.org/golf.html>.

The **2017 Sharp Park Tournaments** are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups.

Next Sharp Park Tournament: Tuesday April 11th, 2017 - first tee-off is 0930. SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. There's **breakfast that starts at 0815**, so you want to get there early. At least, **check in one hour before your tee time.** The lineup will be sent out by email a few days before. Sharp Park fees are \$47 for green fees, cart, and breakfast, and prizes (\$4 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

The **2017 Poplar Creek Tournaments** are all scheduled for **Tuesdays** this year - 2/21, 4/18, 6/20, 8/29, 10/24, 11/28, and 12/19 Tee times start at 1015 with a 40 player limit. **No-shows without notification** will require a **\$10 contribution** to the commissioner's pocket fund at the next tournament.

The **February 21st Poplar Creek tournament** results was cancelled due to wet weather.

Next Poplar Creek Tournament: Tuesday April 18st - first tee-off is 1015. Sign up at the golf table or call Jack or Ken. Green (\$33) and prize fees (\$7) are **\$40**; optional cart fees are \$15 per player double, \$20 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments: The first 2017 Away Tournament is **Wednesday March 22 at Chuck Corica Golf Course**, Alameda, starting at 0830. A lineup sheet was emailed early in March. The \$40 fee will be payable at the course.

Bocce Ball

Charley Leach and Roger Kelly - Co-Chairs Meets every Wednesday at the Doelger Senior Center 10-12 AM No Bocce Ball on First Wednesday because of Sir's Lunch.

Computer Club

Jerry Blumenthal - Chair Meets every 3rd Wednesday at the Doelger Senior Ctr. 11:45 AM All those interested in computers are welcome.

Pinochle

George Samoulides - Chair Games are on the 2nd and 4th Mondays of each month. All SIR's are invited to join in the fun. Call George for further information. Hope to see you there for some fellowship and fun.

Walk for Health

Ken Reed - Chair Meets on the last Friday of the month at a variety of locations at 9:45 AM. The walks are scenic, fun, and full of camaraderie. An email sent monthly as to the current location. Guests welcome

Sir Happenings

The latest edition of SIR Happenings has just been posted on the SIR website:

<http://sirinc.org/sirhappenings/> hope you enjoy reading our latest edition. **Don MacGregor**, editor:

Pull Tabs

Save the pull tabs from aluminum cans and give them to Walt Prawicki or Joe Sangiacomo. They are for Ronald McDonald House. Joe and Walt thank all those who have supported this worthy cause.

Badge # 202

From your Travel and Recruitment Chair, Bill Gipe

SIR Branch 4 local trips continued on St. Patrick's Day. Little SIR George Suter hosted a Mt. San Bruno Park native plants & Spring blossoms hike (part 2). The next local SIR day trip will be on Friday April 24. We'll take a tour of SF City Hall and have lunch (optional). Details & sign-up sheet will be at the SIR meeting or phone 650-878-5746 for information.

Look for future SIR day trips to tour AT&T Park, visit the Oakland Aviation Museum, the Pacific Pinball Museum in Alameda, and other local venues. Have any tour ideas? Please tell Branch 4 about your

tour ideas at SIR meeting or phone contact number.

Info on long distance SIR travel is available on the website sirinc.org.

Volunteers

One area where we need a volunteer is the Away Golf Tournament. Golf is one of the most important activities of our organization, and it would be great if one of our members would step up to the plate. This is an activity we should not lose.

Badge Number

Look for your badge number in the Fog Horn, if you find it you get 5 free tickets for the raffle.



oh-oh!

A married couple, both avid golfers were discussing the future one night. "Honey," the wife said, "if I were to die, and you were to remarry, would you two live in this house?" "I suppose so, ---- the house is paid for." "How about our car, would the two of you keep that?" "I suppose so, it's paid for." "What about my golf clubs? Would you let her use them too?" "Heck no!" the husband blurted out. "She's left handed."

SIR Apparel

For a SIR Logo Rooster Hat see Ken Reed - for \$12.00 ea, we have tan hats in stock.

SIR apparel is also available on the SIRINC.org website. Try "member info", "SIR promotional items", then "SIR logo apparel".

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Bill Gipe
2323 Galway Drive
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A Non-Profit Public Benefit Corporation for
Retired Men devoted to the Promotion of
Independence and Dignity of Retirement.

San Francisco Branch 4

First Class Mail

What's With The Rooster' as The Official SIR Logo?

No creature expresses more dignity and independence with sureness and aplomb as the Rooster. The majesty of his presence is felt in every barnyard, and when he crows he can be heard for miles, not in a fainthearted crow, but with a noise that calls attention to his being. He represents the freedom he displays around the barnyard. SIR members have paid their dues to the business world and now is the time for us to strut and crow a little. We share the dignity of retirement with one another.



Offered by **Ken Reed** 😊 "Born in the year of the Rooster" runkenrun@aol.com

The Rooster is the tenth sign of the Chinese Zodiac. 2017 is the Year of The Rooster:

People born in the year of the Rooster are beautiful, kind-hearted, hard-working, courageous, independent, **humorous** and honest. They like to keep home neat and organized. On the other side, they might be arrogant, self-aggrandizing, persuasive to others and wild as well as admire things or persons blindly