Big SIR – John McGlothlin (650) 952-3673

Little SIR – George Suter (415) 665-1185

Secretary - Open

Treasurer – Bob Golton (415) 661-8280

Ex-Officio: Jerry Blumenthal State President - John Dill Editor – George Suter Assistant Editor – Open

Lunch Menu

July: Chicken Marsala, Salad with 1000 Island Dressing, Warm Apple

Pie with Oatmeal Crisp. Alternate: Fish and Chips

August: Calamari Steak, Honey Balsamic Vinaigrette Salad, Boston

Pie.

Alternate: Chef's Salad

Thoughts from Our Big SIR John McGlothlin: July and the Circle of Liberty

July 4th - we celebrate 231 years since the signing of our Declaration

At this month's meeting (July 5) –

Summer Klutter Klean Auction –

Time to get rid of some of your unwanted items. Look around the house and bring a few items to the meeting to be auctioned off. All proceeds go to the Branch 4 General Fund. These auctions are always interesting and fun, so join in - This activity just begs for your participation as a buyer or contributor!

FOGHORN

Branch 4 Monthly Newsletter



July 2017 Issue

Meeting: July 5, 2017

Next meeting: August 2, 2017

of Independence. Key to our success was monetary and military support from the French monarchy. The philosophers of "enlightenment" France's influenced the framers of our Declaration and our Constitution. a great turnabout, combination of financial burdens from supporting America and ideas spread by Americans like Thomas ignited the Paine, French Revolution with the attack on the Bastille in July 14, 1789, celebrated as France's National Day.

At least 20 other countries mark their Independence Days in July, including our wonderful neighbor to the north, Canada. When we were attending school, we learned the Philippines, a country we have strong emotional ties to, also celebrated July 4th as the day they were granted independence. In 1964, the Philippines changed their 12th National Day to June **Emilio** commemorating Aguinaldo's Declaration of Independence in 1898.

Our July 4th celebrations are a time for watching fireworks, marching

in parades, and reflecting on what it means to be a free country, especially on the costs of the freedom we enjoy today. We honor those who have gone before us and people we know, who may even be joining us for lunch today. They added a little push to our American Journey to get us to today.

As we start July, we know we are into Summer - our coastal air conditioning may not be running, so the days will get warmer. July starts barbecue season and SIR's has just the event for you:

From Your Little SIR – George Suter

Sometime last year one of our fellow SIRs took a brave step into the unknown. This is probably happening everyday around us, but I just happened to notice this particular instance because it impressed me so much and got me moving forward. He was a brandnew member who, as his first official act, stood up in front of us all and gave the luncheon speech that day. The speech was wellorganized, delivered with humor, with slides, and described things that he had devoted a lifetime to making. I believe I was seeing him deliver his calling card - "this is who I am, this is what I've done". What a powerful beginning, but also "what a risk".

On August 23rd, we join with Branch 91 for a summer BBQ at Flood Park in Menlo Park. \$25 per person for a great BBQ. Checks payable to SIR Branch 4, send to Big SIR, 1281 Claremont Dr. San Bruno, CA 94066. Games, eats, and a great time! Directions to follow.

He is not alone - thanks to our fellow members we have gone on some fantastic trips around the Bay Area, other members are stepping up to invite us to play cards or golf or bocce with them, or walk with them, or evaluate wines, or talk about computers, or tell us about the things they have seen or done. When someone offers something, do you accept it? Or do you think to yourself that maybe they really don't want you there or that they are special people (unlike you) and they will not pay attention to you, or worse, that they will pay attention and find you wanting?

Allow me to suggest, as a person who is less than accomplished in many things: that's not the way it is. The person who is offering wants you to accept, welcomes you in fact. He believes that you, like him, came to SIR for friendship and acceptance. If you are willing to take that step into the unknown, you will find that there is a lot on offer among your fellow members - and that you also have a lot to offer - in fact, that YOU are critical to our mutual success. The time has come for you to step up participate now! - make it the very next event.

Membership Report - Bill Gipe

The June 7 lunch attendance was 77. Active membership of Branch 4 totals 127 plus 5 Super Senior members (over age 95).

Branch 4 welcomed and inducted new member #107 Mike Robinson (sponsored by John Gehring). MIke is a retired SF Firefighter.

Remember - both SIR wallet cards and Foghorn Badge 005 copies are available at the Badge table. These provide information for friends interested in SIR lunch & activities.

In Memoriam: Bob D'Elia and Paul Rosenberg - Branch 4 particularly remembers Paul's knowledge, work, and humor as branch secretary and former Big SIR.

The **Sunshine List** includes Ron Appel, Claude Blakeslee, Bud Fields, Don Nuti, and Jim Smith. Branch 4 sends greetings to all members facing challenges these days.

July SIR Birthday list includes Gil Aldrete, Jerry Blumenthal, Jere Driscoll, Nick Fesunoff, Al Herpe, Bud Howard, Charley Leach, Chris Manitsas, Jim McCoy, Dennis Meixner, Bob Pardini, Tony Ramirez, George Rodriguez, and Case Verploegh. Happy Birthday to all!

Golf: Jack Major 415-566-2243 and Ken Reed 415-810-3832.

A one-page summary of the **local SIR golf rules** has been published and is now available. Pick up a copy on the golf table or check the web site: http://branch4.sirinc2.org/golf.ht ml.

The **2017 Sharp Park Tournaments** are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The Tuesday June 13th Sharp Park tournament course conditions were just fine, and Kevin put out a buffet even with just 23 players.

Results are out on the website above.

Next Sharp Park Tournament: Tuesday July 11th, 2017 - first teeoff is 0930. SIR members and their guests are invited. Sign up for tournaments at the golf table at the first Wednesday's lunch. There's breakfast that starts at 0815, so you want to get there early. At least, check in one hour before your tee time. The lineup will be sent out by email a few days before. Sharp Park fees are \$47 for green fees, cart, and breakfast, and prizes (\$4 each). Carts are allowed on most par 4's and 5's, depending on the ground conditions.

The 2017 **Poplar** Creek Tournaments are all scheduled for Tuesdays this year - 2/21, 4/18, 6/20, 8/29, 10/24, 11/28, and 12/19 Tee times start at 1015 with a 40 player limit. No-shows without notification will require a \$10 contribution to the commissioner's pocket fund at the next tournament.

The June 20th Poplar Creek tournament results are out on the website and were not yet available at press time.

Next Poplar Creek Tournament: Tuesday August 29st - first tee-off is 1015. Sign up at the golf table or call Jack or Ken. Green (\$33) and prize fees (\$7) are \$40; optional cart fees are \$15 per player double, \$20 single, payable at the Pro Shop.

SIR Area 4 Away Golf Tournaments: The next 2017 Away Tournament is Tuesday July 25th at Chuck Corica Golf Course, Alameda, starting at 0830. Fees will be \$45 including green, cart, warm up bucket, and prize fund.

We have spaces for 24 players, so signup up at the July lunch. Pay the SIR golf quasi-pro (Jack, Ken, George R) in the restaurant, not the pro shop or starter.

Bocce Ball - Charley Leach and Roger Kelly - Co-Chairs

Meets every Wednesday at the Doelger Senior Center 10-12 AM. No Bocce Ball on First Wednesday because of SIR's Lunch.

Computer Club - Jerry Blumenthal - Chair (415) 728-5573 or

glblumenthal@gmail.com

Meets every 3rd Wednesday at the Doelger Senior Ctr. 11:45 AM. All those interested in computers are welcome.

The Center has changed its rules about allowing preassigned group tables. So we need to arrive and purchase our tickets early and stake out a table.

As usual, we can either bring our lunch or buy one at the Garden Cafe. However, I need to have it at our table as early as possible to be able to save your seat.

If you will just be coming to the meeting, please let me know so I can set up enough chairs in Room 3 for our meeting around 12:40 PM.

Pinochle - George Samoulides - Chair

Games are on the 2nd and 4th Mondays of each month. All SIR's are invited to join in the fun. Call George for further information. Hope to see you there for some fellowship and fun.

Walk for Health - Ken Reed -Chair

Meets on the last Friday of the month at a variety of locations at 9:45 AM. The walks are scenic, fun, and full of camaraderie. An email is sent monthly as to the current location. Guests welcome.

Tours - Bill Gipe - Chair

Branch 4 Local Travel - Our June day trip was to be a tour of AT&T Park on Friday June 16. We were unable to make the trip because it was sold out. We can try again in July or August, but you must use the sign-up sheet and talk to me about paying to reserve tickets in advance (see below)! The tour includes a visit to a dugout, clubhouse, field track, indoor batting cage, press box, and a luxury suite. We'll learn about the construction of this San Francisco landmark. Optional nearby lunch will be at noon. Senior tour cost is \$17 + \$3 advance ticket fee. Signup at June lunch or call 650-878-5746.

Interested in an away trip with SIR travel? These out-of-town travel opportunities are detailed on the SIR website, www.sirinc.org.

Future trips may include A's day baseball with new brew pub, local aviation museums, historical library tour, and local exhibits. Talk to Bill to convey your interest.

Look for your badge number in the Fog Horn, if you see a number that just doesn't belong in the context and it's yours, claim your 5 free tickets for the raffle.

'How do you explain the difference between COMPLETE and FINISHED in a way that is easy to understand?' Some people say there is no difference between COMPLETE and FINISHED. Here is his astute answer:

"When you marry the right woman, you are COMPLETE. When you marry the wrong woman, you are FINISHED. And when the right one catches you with the wrong one, you are COMPLETELY FINISHED!"

POSTMASTER: F1

If undeliverable—Please return to:

Bill Gipe 2323 Galway Drive So. San Francisco, CA 94080 FIRST CLASS MAIL





A Non-Profit Public Benefit Corporation for Retired Men devoted to the Promotion of Independence and Dignity of Retirement.

San Francisco Branch 4

Branch 4 Events

Mark the Dates on your calendars and resolve to participate:

Wednesday July 5, 2017 — Klutter Kleen Auction — bring your unwanted items to the meeting to be auctioned off for the benefit of Branch 4 — our biggest fundraiser of the year.

Wednesday August 23, 2017 - Picnic with Branch 91 – catered BBQ lunch with games in the sunshine - see details above – Big SIR article

Wednesday December 13, 2017 – SIR Branch 4 Xmas Party at the Oyster Point Yacht Club – lunch, presents, songs, and good cheer