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### Lunch Menu

#### **May 2019**

House salad w Raspberry  
vinaigrette  
Chicken enchiladas  
Vanilla Flan  
Alt: Fruit salad w yogurt &  
granola

#### **June 2019**

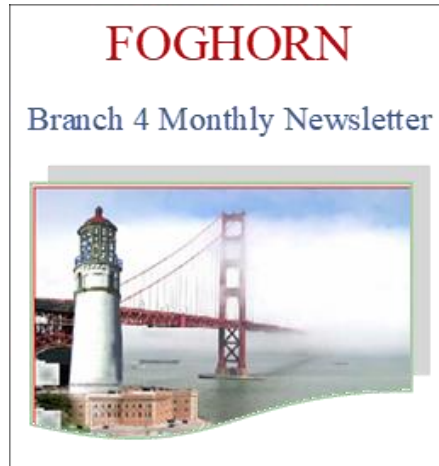
Caesar salad  
Pot roast with mushroom sauce  
Lemon meringue pie  
Alt: Shrimp Louie salad

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**Our speaker for the May meeting is Jen Lee, debt and credit strategy attorney and anti-hacking advisor.**

Jen will offer ways to measure your financial status and avoid bankruptcy to maintain a healthy credit score. A large number of individuals getting hacked are victims of fraud. Jen will discuss ways to avoid identity theft and suggest remediation strategies if theft occurs.

She has been featured in numerous articles in Consumer Affairs, and in US News and World Report.



Additionally, she has written reports on the websites related to credit, debt, bankruptcy, and computer hacking.

### **Membership Report - Bill Gipe**

Membership and Attendance:

Active	117
Super Seniors	5
Total	122

April lunch attendance was 67 plus six guests.

**Branch 4 remembers longtime SIR Bob Hennig (1921-2019).**

**Thanks to all SIR members for their interest in the SIR lunches and branch activities. Please remember the SIR wallet cards which are available at the Badge Table**

### **Sunshine Report**

Branch 4 sends greetings to Bob Bowen, Herman Scholz, and all with challenges these days

### **Local Tours**

Look for a Badge Table sign-up sheet with details about a **May visit** to the **Presidio Visitor Center**. Details and a sign-up sheet will be at the Badge Table.

### **God Bless America**



### **May 2019 Issue**

Meeting: May 1, 2019

Next meeting: June 5, 2019

Newly opened in 2017, the Presidio Visitor Center is the perfect place to find maps, interactive displays, videos, and a friendly staff to guide you to items of interest in the Presidio and beyond.

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### **May Birthdays**

Branch 4 remembers the birthdays of Jack Cardon, Jeff Chinn, Alex Christ, Elmer Eckart, Bud Fields, John Hoskins, Dan Machado, Steve Machado, Lou Masini, and Rich Palmer.

**Fellow SIR David Nigel reports on last month's Local Tour:**

Bill Gipe arranged a wonderful visit and tour of the Peninsula Museum of Art located in Burlingame as our Club's April activity. Our group arrived at 11:00 am and was so fortunate to be greeted by Ruth Waters,

Founder and Executive Director of the Museum. This facility is a little-known impressive facility located in the north Peninsula. Ruth is very well known and has been honored by U. S. Congresswoman Jackie Speier and California State Senator Jerry Hill.

In attendance were Roger Kelly, his wife Nancy, Bill Gipe and his friend Fran, and myself, David Nigel.

We were so fortunate that Director Waters gave an overview of the Museum, its mission, special features, and sixty studios rented by active artists. She then gave the group in-depth descriptions during an informative tour lasting an hour and a half. The group viewed all types of artistic creations ranging from paintings of a wide spectrum of subjects, fancy hats that were so beautiful, impressive sculptures of stone, wood carvings, and other materials.

The participants enjoyed a wonderful activity. Thanks Bill for your coordination of such a variety of activities and events for our Club.

A Seattle native, **Ruth Waters** graduated from Stanford University in 1955 and started working in hardwoods in 1957 (her mediums now include hardwoods, bronze, marble, constructed room-size sculpture, and painting). She has exhibited extensively in Northern California, Seattle,

Michigan, Washington, DC, and New York, as well as in China and Ireland.

**As a further note The museum will feature open studios on May 4th and 5th.**

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**Golf: Jack Major 415-412-6654 (cell) and Ken Reed 415-810-3832.**

A 2019 summary of the **local SIR golf rules** has been published and is now available. Pick up a copy on the golf table or check the web site: <http://branch4.sirinc2.org/golf.html>.

The **2019 Sharp Park Tournaments** are scheduled for the second Tuesday of the month, starting at 0930. Check the website for the current schedules and past results. Copies will be on the golf table at the lunch too. Make sure I have your email for alerts, lineups, and results.

The **April 9<sup>th</sup>** match was cancelled due to wet weather. We can't complain too much – we may go through May again this year until it's playable.

**Next Sharp Park Tournament: Tuesday, (maybe, if dried out) May 14<sup>th</sup> - first tee-off is 0930.** SIR members and their guests are invited. There's **breakfast that starts at 0815**, so you want to get there early. At least, **check in a half-hour before your tee**

**time.** The lineup will be sent out by email a few days before. Sharp Park fees are **\$54** - \$18 green, \$13 breakfast, \$13 cart, \$6 prizes...No cart saves you \$13.

The **2019 Poplar Creek Tournaments** are all scheduled for **Tuesdays** this year – 2/19, 4/23, 6/18, 8/20, 10/22, 11/19, 12/17 – starting at 1015.

The Tuesday **April 23<sup>rd</sup> Tournament** results (if played) were too late for the Fog Horn deadline. Results will be emailed, and on the golf table at the May lunch.

**Next Poplar Creek Tournament: Tuesday June 18<sup>th</sup>** - first tee-off is 1015. Sign up at the golf table or call Jack or Ken. Green (\$33), prize fees (\$7), and golf fund replenishment (\$5) are **\$45**; optional cart fees are \$33 double, \$23 single, payable at the Pro Shop. Prize merchandise vouchers can't be used for cart rentals during tournaments.

**SIR Area 4 Away Golf Tournaments:** these will be scheduled. Alameda, Tilden, Crystal Springs, and Lake Chabot are on the list. Any other suggestions?

Stand by for updates. Sign up for badge 48 the tournaments at the golf table at the 1<sup>st</sup> Wednesday lunch.

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**Bocce Ball - Charley Leach and Roger Kelly - Co-Chairs**  
 Meets every Wednesday at the Doelger Senior Center 10-12 AM. No Bocce Ball on the first Wednesday of the month because of SIR's Lunch. To keep you posted on conditions, make sure Roger or Charley have your email address.

**Computer Club - Jerry Blumenthal - Chair (415) 728-5573 or glblumenthal@gmail.com**

Meets every 3rd Wednesday at the Doelger Senior Center. We take lunch together at 12:00 PM (reserve a seat early!), then repair to Room 3 at about 12:45 PM.

**Walk for Health - Ken Reed - Chair**

Meets on the last Friday of the month at a variety of locations at 9:45 AM. The walks are scenic, fun, and full of camaraderie. An email is sent monthly as to the current location. Guests welcome.

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SIR George Rodriguez contributes the following:  
 Hits the nail right on the head!!!

Growing up is a weird notion to wrap your mind around. As you go through life, your perspectives on almost everything will change. How you define success will change as well. Things that you thought were important at

the age of 35 will be useless when you're 65. You may not realize it now, but everything will shift...

At age 4 success is not peeing in your pants .



At age 12 success is having friends.



At age 16 success is having a driver's license.



At age 20 success is having sex.



At age 35 success is having money.



At age 60 success is having money



At age 70 success is having sex.



At age 80 success is having a driver's license.



At age 85 success is having friends.



At age 90 success is not peeing in your pants.



It all comes full circle, whether you like it or not.

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Look for your badge number in the Fog Horn, if you see a number that just doesn't belong in the context and it's yours, claim your 6 free tickets for the raffle

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